

Nebraska Regional Minutes July 14, 2007

Grand Island, NE

The meeting was opened with a moment of silence followed by the Serenity Prayer.

Wanda read the Twelve Traditions and Mark W. read the Twelve Concepts.

Susan S. read the Purpose.

The following members were present:

**Executive Committee:**

Chairperson: Susan S Secretary: Penny F

Vice Chair: Diane B RD: Brian S

Treasurer: Dan M Alt. RD: Mary R

**AREAS:**

Area Twelve: Wanda G. RCM Great Plains: Ruth S. RCM

Central NE: Dan B. RCM Platte Valley: Steve W. RCM

Eastern NE: Annie W. RCM New Beginnings: David K. RCM

Elk Horn Valley: Brent L. RCM Southeastern NE: Jerry W. RCM

Fremont: Burt M. RCM

**Sub Committees:**

Hospitals & Institutions: Dale B. NRCNA 24: Penny F.

Out Reach: Gary D. NRCNA 25: Lin H.

Policy: Pony Boy NRCNA 26: **Bid Open**

Public Information: Karen (Proxy) Ad Hoc Insurance: Mary R. (proxy)

**Visitors:**

Mark Jolene Tim Kat Charity

Dustin Brandi Dagwood Gaylon Shawn

Dean Pat James Holly

Ron Matt Russ Debbie

Rodney Shellie Jerod Todd

Marde Tim Keith Sandy

**Secretary's Report:**

Motioned by Wanda and seconded by Steve to accept April's Minutes. **PASS**

**Treasurer's Report:**

Beginning Balance: \$1581.99

Income: \$3351.21

Total Balance: \$4933.20

Expenses: \$1867.78

Ending Balance: \$3065.42

**Area Reports:**

**Area Twelve:** Hello Family from Area 12. I am happy to report that all is going well for our 3 groups in this area. Good meeting attendance with celebrations of clean time. Recovery is doing well here, for all who want it. Our area will be hosting a campout, the weekend of Aug, 17-19<sup>th</sup>, 2007, at the Genoa Head Gates. We shall have a different speaker, sharing their experience and hope with us. On each of those days, along with a hamburger, hot dogs provided a pot luck on Saturday Night, Aug. 18<sup>th</sup>. Hope to see you all there. In loving Service, Wanda G.

**Central NE:**

Hello Family. Welcome to Central Area. We hope that all stay after Region and join in the function tonight. We will have a speaker and dance with raffle, all money made goes to NRCNA 24. The freedom Seekers from Hastings is having a picnic at Lake Hastings it will be potluck with hamburgers and hot dogs provided starting at 5:30 with a speaker later. The women's meeting at 10am on Sat. closed its doors do to lack of support. In loving service, Dan B

**Eastern NE:**

I'm Annie and I'm an addict. Grateful to be serving the ENNA Area at Region again. We would like to thank Keith P. for representing

ENNA prior to my new term of service. I attended the worldwide workshop in Lincoln along with a few others from ENNA. I believe we all learned a lot and got several fresh new ideas to take back to the area. My home group also hosted an input and review on the 2 youth IP&S after each of our meetings for about 8 weeks. Sometimes there were a couple addicts and sometimes several. We completed and gave our input to world within the designated guidelines. Our H&I P-3 project was very successful in supplying books to inmates for every t-shirt sold. We have new t-shirts with the design drawn by an inmate for sale. Our Close Encounters fliers are here and also the Home Group Family Feud fliers. We are also having a Learning Day for H&I on Aug.4<sup>th</sup> at the MCC

### **Area Reports Cont.:**

#### **Eastern NE. cont.:**

Church on 22<sup>nd</sup> street just south of Leavenworth street. Food at noon and Learning to follow. Our donation to region is \$2946.76. In loving service, Annie W.

**Elkhorn Valley:** Hello family. Greetings from Elkhorn Valley. Iâ€™m an addict, my name is Brent. Things are going very well in Norfolk. All of our meetings have good attendance and we have at least three groups operating with complete autonomy. Due to the efforts of a large service body of very dedicated servants, our area is continuing to grow at a very rapid rate. At one Thursday night meeting there were 5 birthdays, 71 addicts in attendance, and at the of the meeting all those with a year or more clean were asked to stand, and I was blown away when somewhere between 20-30 addicts stood up. I couldnâ€™t be more proud to be a part of this area and of those whoâ€™ve given their time and resources to ensure that every addict who comes in our rooms feels welcome and wants to stay. We recently held a workshop and an Easy Rider group picnic. There were 5 different areas represented and about 20 in attendance at the workshop. There were lengthy discussions about building strong home groups, the â€œGroup Inventoryâ€ worksheet, and we had a brief P.I. mock presentation. The last segment of the workshop was an H&I presentation to explain what H&I does, who can be involved, the DOâ€™s and DONâ€™Tâ€™S, and the benefits of being involved in this kind of service. As a result of this we had almost 20 people at our last area H&I subcommittee meeting. We have planned another â€œDAY IN PARKâ€ to be held at Ta-Ha Zouka Park on the south edge of Norfolk, right on Hwy 81 on Sat Sept 15,2007. Should be an area vs., area softball game, dinner, speaker, raffle, and dance. This is our NRCNA Fundraiser so your support would be appreciated. I am saddened to announce that my term as

RCM has expired and this will be my last regional meeting as a representative from the Elkhorn Valley Area. I can not tell you how much of an impact this service body has had on me as a person and on my recovery. It has been the greatest honor of my life to have sat at this table with you people. The sincerity and dedication that motivates you, and the dignity and integrity with which you conduct our business is the strongest example of how to live our lives and work together. You have touched my spirit and inspired me so much. Thank you for allowing me to be a part of THIS. In loving service, Brent

**Fremont:** Hello family from the Fremont area. The Fremont area is in the  
**Area Reports Cont.:**

**Fremont Cont.:**

process of doing its area inventory. Participation has been decent and from the surveys I've been involved in I'd say there's some honesty and willingness to find so solutions to our area's problems. Meeting attendance is sporadic with some meetings well attended others very low in attendance. Our Sunday How & Why group has added a speaker meeting the last Sunday of each month. Some of you here have volunteered to speak and we thank you for your willingness to share with us. Our activities committee has a new chair person and we will be having a picnic at Ronin Park 17<sup>th</sup> & Somers street it will be on the 5<sup>th</sup> of August. Games and Potluck. Speaker is tentatively Rick J. fun begins @ noon. Flyers will be mailed to your areas ASAP. If you need more info please call me @ 402-721-9069 or 402-317-2243. In loving service, Burt

**RD Report:** Hi family. Where to start, well I guess the WWW in Lincoln is a good place. I would like to thank everyone that participated and helped to make it successful. It was very informative on how to apply some of the new tools NAWS is offering our fellowship on problem solving. The youth IP's have received some good input and some concerns as all input is appreciated. The Basic Text project is progressing thanks to the addicts who have sent in their input. Sept. 1, 2007 the approval form of the 6<sup>th</sup> edition will be released. The fellowship discussion topics are out with some structured ways of holding workshops to NAWS please send results of any workshops to NAWS. The twenty eight chapters of initial PR handbook resources have been completed. The addenda for chapters 2, 4, 5, 7, 9, 11 can be found at [www.NA.org](http://www.NA.org) and click handbook or PI Basics. There are 14 additional addenda's approved that are being worked on now with all the extra addenda it has doubled in size and the price is now \$8.50 for the handbook or you can purchase the addenda for \$3.50 for a limited time of 1 year or you can download it at no cost at

[NA.ORG](http://NA.ORG). World Unity Day is coming up Sept. 2<sup>nd</sup> and I am looking forward to attending and representing our region there as I have never took part in one before. The NAWS office left us some merchandise such as posters and lit. used to set up the workshop so I have brought them here. There were also some basic texts left which I have brought to region as well. On expenses I gave the Alt. Rd \$400.00 and she will have her expenses turned in and I only used money to purchase the room for two nights and I did not charge for fuel or meals. There were some concerns brought up about me having my wife there with me but those can be

### **RD Report Cont.:**

discussed in Open Floor. I could go on for a long time but I hope I have highlighted most of what's going on at NAWS. If anyone has questions or wants any more information please contact me & I will do my best to help you. ILS Brian S.

**Alt. RD Report:** Greetings RSC. I had the opportunity to attend the World Wide Workshop held in Lincoln on May 11-13<sup>th</sup> of 2007. There was so much valuable information, that it was too much to put in my report but I do have handouts that I can copy and give to whom ever wants it. I attended four workshops they were Building A Strong Home Group, Who Is Missing And Why, Our Service System, and Leadership in Narcotics Anonymous. Set in on a little of Medication In Recovery it talked about the issues the fellowship is facing with drug replacement therapy. Also during then weekend they held the Plain State Zonal Forum they talked about the Midwest Governor Conference which was held on June 8<sup>th</sup>-10<sup>th</sup> in Kansas City Mo. We sent 300 meeting list there and they were all handed out. This was a Public Information effort for the states of South Dakota, Iowa, Nebraska, Kansas, and Oklahoma and a small part of Texas all make up the Plain State Zonal. The Zonal now has a web site, which will be used for posting zonal documents and other communication for all regions involved. Also learned that one region has cut their meeting list cost by 2/3 by having it done at a prison. We talked about it in our region PI meeting today. The next Zonal will be the 3<sup>rd</sup> weekend in October in Council Bluffs, IA. I have attended 3 different area service meetings and 4 different area activities. If there is anything I can do for your area please feel free to give me a call @402-699-4984. My expense this quarter was as follows \$414.46. Hotel \$255.76, Meals \$52.72 and gas \$44.00 all for the www and \$61.98 for gas the rest to travel to other areas. I submit all receipts to the treasurer. There's a few things I would like to bring up in open forum: 1). Revisit the standing NRCNA subcommittee 2). Having an Activities subcommittee at Region. P.S. Please don't forget to mention the NRCNA Convention in Kearney on Sept. 28-30<sup>th</sup>, 2007 @ all

your meeting. ILS Mary R.

### **Sub Committees:**

**Hospitals & Institutions:** We had a great meeting. All areas were represented. All lit. was handed out. Weâ€™ll get more. Dale B.

**Out Reach:** I have not been able to do the work I said I would do as to a

### **Out Reach Cont.:**

motorcycle accident I had 5-25-07. I will try to do better this quarter 07. I will have flyers out this week. I will run for chair. Send or call info for your meeting if it could help us. Love, Gary D. 402-796-2333, [GDEBERG@UNL.EDU](mailto:GDEBERG@UNL.EDU).

**Public Information:** Hello family, I apologize for my absence, due to a scheduling error on my part Iâ€™m driving a u-haul somewhere in Tennessee right now. I asked Mary to run PI subcommittee meeting for me so she should have some more to add to this report. My main goal this quarter was to learn this webmaster thing and after some turbulent seas ( and a lot of help and phone calls to Danny) Iâ€™m getting the hang of it. My apologies again to Area 12 for deleting their flyer prior to their actual event taking place. The only things I have done this quarter are: I am wondering if region is willing to pay for their web domain directly, I have spoken to [binary.net](http://binary.net) and the account can be paid by check through the mail but I feel we should keep it paid a quarter in advance so we never run short of credit in any given quarter. The initial payment would be \$40.02 then \$20.01 every quarter after that. This way we are paying for it ourselves and not depending on a single member credit card. I have the information we need to do this for the treasurer if we do decided to do this. The other issue is an email I got regarding the Eighth Annual Governors Conference on Juvenile Justice taking place in Topeka KS on the July 29-31, the info was forwarded to me by Jennifer who got it from Mark B. So Iâ€™m hoping he has more information for the region. Do we want to take part in this? My proxy has an email I received that I would like read in an effort to pass the information. Thatâ€™s all I have. In loving service John K.

EMAIL-- I am writing because my sister Wendy McCarroll was active member of NA & AA in Omaha NE. a am wanting a way to contact the Fellowships in Omaha to make sure all of her friends and sponsor know that she passed away. She and all of us are deeply appreciative of the support and guidance her friends (family) in the fellowships gave her threw the years. I need help in letting the know and thanking them all for the

things they have done for her. Renee McDonald 402-469-1688 220 S Martin Clay Center NE.

**Policy:** Hello family. Policy is up and running to where were not sure yet. We hammered out some pieces of information for you all. Guidelines for the General Assembly & an addition to the responsibilities of the Secretary. That was all we could do for on setting so be prepared for more fun to follow. In loving service, Pony Boy

### **Guidelines for Policy:**

#### **General Assembly: Passed in April 2006**

**Purpose:** To be a resource for the fellowship of Narcotics Anonymous. By providing an open forum for the discussion of the topics that affect our Groups and Areas.

**Guidelines to be added into Policy:** The General Assembly will meet quarterly in conjunction with RSC beginning at 12:00 Noon and not lasting longer than 2:00.

The Secretary of the RSC is the facilitator of the General Assembly. The Secretary will keep the minutes of the Assembly and report them to the RSC minutes. **This will be added to the Secretary's responsibilities in policy.**

### **Please take back to Groups to be voted on**

**Insurance Ad-Hoc Report:** Hello family. First let me apologize for my absence. I made a personal commitment to be somewhere else this weekend and I felt I needed to honor that commitment. Anyway on to my report. I have given all our information to both of the insurance companies listed in the WSO bulletin. Both are working with the underwriters to come up with a policy that is both affordable for us and also one that will cover all our needs. As of the time that I am writing this report (7-11-07) they still don't have anything written. They are optimistic though that they can get it done. That is based on the policies that are written for smaller regions. They told me that have several other policies that are written for less than \$2000.00. So when I hear something and hopefully that will be soon I will contact the region chair and as many RCMs as I can. ILS, Mark B.

**NRCNA XXIV:** Hello Family. The convention is moving right along. Our balance is \$2704.43. We are looking for people to do workshops.

Topics are: Letting Go/Principles before Personalities @ 9.30a Living

Principles @ home/Primary Purpose @ 10.30a Sponsors Are For What/13 steps don't work ( subject to change) @ 2.30p . The deadline for Pre-registration is July 28,07. We have received about 15 pre-registrations and there are some available today. Shirts for the convention are also on sale for \$15.00 for all sizes. Our banner is being made, cups are being order. Our committees is doing an awesome job and if you would like to join the committee we meet the first Sunday of every month at 4:00p in the basement of the Freedom House on 27<sup>th</sup> and Central. Thanks for letting me serve, Penny F.

**NRCNA XXV:** Committee Officers: Chair- Lin H, Vice Chair Vicky P., Treasurer Jay W., Secretary Jeff D. Sub Committees: Hotels & Hospitality- Gina F., Merchandising- Greg P., Registration- Marde S. Programming - Henry L., Arts & Graphics- George & Rhonda H. Entertainment- Julio R.

The progress so far: The Howard Johnson Hotel at Hwy 34 & Ramada Rd. has been booked for Sept 26, 27, 28, 2008. An account has been opened for the committee at Wells Fargo Bank. Current balance is \$ 1966.23. The committee has rented a post office box as well as obtained an email address for contact. [NRCNA25@gmail.com](mailto:NRCNA25@gmail.com) There's not a lot to report this early in process. Most of our time is being spent getting quotes for merchandising items and getting the motel costs locked in so that we will have our pre-registrations available to members at the close of this year's convention. We will be putting reminder cards in the registration packets for this year's convention and would like to thank the current convention committee for allowing that. We are looking for ideas for our slogan and a design for the convention. A deadline for submissions has been set for July 31,2007. Any input from members all across the region is welcome and encouraged. At a yr. and 2 1/2 months from the convention, we're still in the early stages of getting ourselves organized and prioritizing our budgetary needs.

**NRCNA XXVI: Bid open** Southeastern NE has an interest. **Please bring bid proposals to Oct. Region, was to close in July.**

**General Assembly:** Topic was "What is not Working in your Area"

Dagwood- Need more people for positions, lack of commitment-need to work on that, don't want to discourage newcomers but taking positions and not fulfilling obligation.

Paul-knows how Dagwood feels, lack in attendance compared to Norfolk, good showing out of the gate-when have good attendance be happy with what you have, depend on higher power and sponsor, No one else is

stepping up to plate.

Kristy- Area is having a tough time, treasurer admits to -\$150.00 in whole. Problems with the H&I. conflict with some members. Chair called and cancelled jail meeting-hurting inmates, no one willing to change or look at suggestions. Attendance down due to drama. Lack of commitment & responsibility, lots of people stuck in old ways. No unity what so ever, H&I

### **General Assembly Cont.:**

chair has been there for 13 years. At a loss of what to do.

Keith- Many have been in position need to start with addict follow with commitment get a home group, lead by example someone showed him, reason behind everything, have a group conscious to break up men and women in jail meeting. Everyone hates changes show to sponcee so they can do the same. Knowing its ~~â€œef\*ck up~~ own your own side and being popular is not always right after doing a 10<sup>th</sup> step how do I sleep at night. Cultivate your home group & then your area. How many take resources & tools in recovery USE THEM. It will never be perfect so be part of solution instead of problem.

Burt- very emotional about his area lack of commitment no one trained him & let him fly shows others how to do position. Commitment & mentoring. Donâ€™t want to run away wants to stick it out and fix it, vote to have own secretary and treasurer. People want to help so let them. Encouraging sponceeâ€™s to do service work and not act like he did

Kristy- try to things that are suggested and have bad experiences has home group but one treasurer for all groups so needs to get own Starting with home group.

Todd- donâ€™t know what area is, have a area meeting and 3 from McCook 2 from North Platte. There not ready for an area got rid of AA lit that was in an NA meeting needs to be NA based only Best home group started with 3 biggest was 14 one autonomous group let it be. Dilemma one member started going to meetings and wants to dictate there bank is the back of the basic text working with the resources they have and getting people involved, need to look at group, area then region, if can commit step up if not donâ€™t. grab sponceeâ€™s and teach them where you went wrong.

Gaylon- read group book, overly confused, consider Fremont home group meeting. One person may consider a meeting there home group, lots of cars and no money in basket. Having hard time having people growing into

it, growth of core, sees a lot more unity then 2 yrs ago today talking about it coming up with solutions Higher power is so important. Other areas have things Fremont don't wish he had answers he'd be a happy person be there for newcomers. Will have a meeting to go on Flood meeting Sunday at 10am.

### **General Assembly Cont.:**

Lin- area doing good over years different problems money missing can only start over. Good structure & support at area people getting pissed at him for trying to keep NA from dying. Wants to help H&I & needs to let it go for now lacking structure don't like to see people forced into positions they don't want have new people wanting to get involved convention meeting going on now & going good, sorry people are having problems

Paul- New Beginnings struggling new group starting getting AA lit out of NA meeting went to new meeting & they read AA lit. how do you approach new meeting about getting AA lit out of NA

Todd- tell them to just get rid of it and if it pisses them off so be it. Why send a sick message from the start can only carry one message grateful for AA for helping NA get started and for us to stay clean

Keith- if it is right its right, if its wrong its wrong. We have guidelines provide them with the NA literature, just don't say no get the AA lit out, with out showing them what is right and give them the right lit. they need.

Jerry- original guidelines is Basic Text doesn't say anything about other fellowship lit.

Topic for next General Assembly is "Who is missing in our meetings and why" Mary R. will be leading the discussion, it was one of the workshops from WWW in Lincoln.

I did the best I could and if I put something down that is wrong or did not get everything you said down I do apologize, I do the best I can.

### **Nominations & Elections:**

#### **Executive Committee:**

Chairperson: Ruth S is willing to serve

Vice Chair: Open

Treasurer: Open

Secretary: Penny F is willing to serve another term

**Sub Committees:**

Hospitals & Institutions: Dale B is willing to serve another term

Out Reach: Gary D is willing to serve another term

**Nominations & Elections Cont.:**

Policy: Pony Boy is willing to serve another term

Public Information: John K. is willing to serve another term

**Please take back to your groups for nominations, Person and Bio needs to be at October region to accept nomination. Please refer to your policies to inform them of the responsibilities of the positions that are open. All bioâ€™s will be in October minutes to keep them all together.**

**Old Business: NONE**

**Open Forum:**

Paul- Were are Regional meeting going to be held, will it be a different area each time

Todd- All Regional meetings were centrally located & broke off, glad it was brought up, different deal for his area, why mess something good up

Keith- One here, one in North Platte, go to N. Platte then find out where it works best, good turn out in Omaha @ Region

Annie- different feelings about it, doesnâ€™t like traveling alone, bring newcomers or sponceeâ€™s

Paul- likes centrally located idea

Mary- Standing Convention Committee not been held since voted in as a sub committee.

Shellie- Out going convention help in coming convention Weather depends on attendance for region when held in other areas.

Brent- Norfolk really needed help with their convention

Dan- to have a pool of people if help is needed

Lin- 08 talks to Penny or other old chairs or old members from conventions

Brian- discuss phone call after Zonal thought wife should pay for half of hotel room, if needs to be in policy will do what Region wants. Donâ€™t want phone

### **Open Forum Cont.:**

calls for misrepresentation of NA funds. These are issues that will be brought back up, areas need to think about this

Brent- if member was not his wife would this be an issue

Dan- didnâ€™t put members out or cost anymore

Dale-RD & Alt Rd ask for man and women rooms call ahead to find available rooms

### **New Business:**

**Policy is trying to make the guidelines for what this body has voted in, so please slow down and let Policy catch up.**

**Motion 1:** to keep region meetings Centrally located

**Intent:** to have a location where all can attend

**Financial Impact:** cheaper than moving form place to place

**Submitted by:** Steve W.

**Seconded by:** Annie W

**Action taken:** Table till Jan 2008

**Motion 2:** to reimburse Penny Field ( Region Secretary) \$42.79 for April Minutes

**Intent:** to pay back out of pocket expense for the April minutes

**Financial Impact:** \$42.79

**Submitted by:** Penny Field

**Seconded by:** Ruth Smith

**Passed**

### **New Business Cont.:**

**Motion 3:** To have region on Jan 12<sup>th</sup> , 2008 in Phillips NE

**Intent:** to have a fundraiser for NRCNA XXV and reveal our convention t-shirts.

**Financial Impact:** None

**Submitted by:** Ruth Smith

**Seconded by:** Dan B

**PASSED**

**Motion 4:** To have region pay for rent so North Platte can hold Region in North Platte October 13, 2007

**Intent:** to have Region in North Platte Oct. 13<sup>th</sup>,2007

**Financial Impact:** \$20.00 to \$150.00 for building

**Submitted by:** Steve W.

**Seconded by:** Brent L.

**PASSED**

**NEXT REGION WILL BE HELD OCTOBER 13, 2007 AT BECKYâ€™S HALL OF CELEBRATION @ 3615 RODEO RD. NORTH PLATTE.**

**IF NEED DIRECTIONS PLEASE CALL STEVE @ 308-660-2062.**

**Speaker Jam and Food and Fellowship to follow**

**General Assembly @ Noon**

**Sub Committees @ 2:00 pm**

**Regional Service Meeting @ 3:00 pm**

**Respectfully Submitted by:**

**Penny Field Regional Secretary**

**Cont: next page**

**Attachments:**

**Treasurers Report**

**Regional Mailing List**

**July & August Flood Meetings**

**Hasting Barbeque & Speaker Flyer**

**Day In The Park Flyer (Norfolk)**

**NRCNA XXV Ideas Flyer**

**2006-2008 Fellowship Issue Discussions Workshop Session Profiles**