

Nebraska Regional Minutes October 15, 2005  
Fremont, NE

The meeting was opened with a moment of silence followed by the Serenity prayer.

Ruth S. read the Twelve Traditions and Mary R. read the Twelve Concepts.

Diane B. read the Purpose.

The following Members were present.

EXECUTIVE COMMITTEE:

Chairperson-absent/Diane B. acting  
Vice Chair-Diane B./Mark B. acting  
Secretary-Penny F.  
Treasurer-Dan M.

RD.-Mark B.  
Alt. RD.-Brian S.  
Alt. Alt. RD.- OPEN

AREAS:

Central NE-Dan B.  
Eastern NE-Keith P.  
Elkhorn Valley-Mike H.  
Fremont- Christy B.

Great Plains-Ruth S.  
McCook/Platte Valley-absent  
Northeastern-John C.  
Southeastern-Jeff W. & Pat W. Alt

SUB COMMITTEES:

Hospitals & Institutions-Jeff D.  
Public Information-absent/Shawn R. acting  
Policy-Shawn R.  
NRCNA 22-absent/Dan M.  
NRCNA 23-Mary R.

VISITORS:

Wanda	John	Galen
Jason	Pat	Gary
Wendy	Robert	Shelly
Kari	Mary	Tina
Spencer	Cathleen	Stewart
John	Jodi	

SECRETARY'S REPORT:

Motioned by Jeff W. and seconded by Ruth S. to approve and accept July's minutes. Passed

TREASURERS REPORT:

Beginning Balance-	\$3164.29
Income-	\$1595.53
Total Balance-	\$4759.82

Expenses-	\$2040.00
-----------	-----------

Ending Balance (see attachment)	\$2719.82
------------------------------------	-----------

#### AREA REPORTS:

Fremont: Hello everyone! I wan to thank everyone for coming down to Fremont. Our meetings are going well. Our meeting at Care Corps has been moved due to the demolition of the building. With a little under a weeks notice we were luckily able to move those meetings to Good Shepard Lutheran Church at Military and Lincoln. We are having a Halloween party after region. I hope all stay for the contests & music. Thanks once again for allowing us to host region. In Loving Service Christy B.

Southeast NE: Hello everyone from SENANA. My name is Jeff and I am an addict. Thanks to all who attended the Plains State Zonal Forum in Lincoln Oct 1,05. It was somewhat disappointing to see more people from Kansas there than from Lincoln.

Pat W. is our new RCM Alt.

Our area has been working on an area inventory and it is about ready to go out to the groups.

The area has had a couple meetings closing, and a new Friday meeting @ 7:00pm, see attached flyer.

Thursday It Works How and Why meeting had a regional donation of \$37.70 and Happy Havelock Group had a donation of \$78.50. Below is my contact information.

In Loving Service Jeff W.

402.730.1781

[jwalter2@neb.rr.com](mailto:jwalter2@neb.rr.com)

**RAINBOW GROUP  
MEETING OF  
NARCOTICS ANONYMOUS  
STARTING OCTOBER 14,2005  
EVERY FRIDAY AT  
2729 NORTH 12 ST.**

## 7:00 PM FOR 1 HOUR NON-SMOKING

## EVERYONE WELCOME

Elkhorn Valley: Hello everyone. Big thanks to all who attended our Day in the Park and the convention. Bigger thanks to all people that gave their time to make it happen. Nov 5<sup>th</sup> is our Masquerade Ball at Knights of Columbus Hall.

Love ya all,  
RCM, Mike H.

Central NE: Hello everyone we want to Thank everyone who attended the dance at Fonner Park after the last Regional meeting. We all sent a check to the Norfolk convention for \$704.00.

Area is doing well. Having some meetings close and some starting up. The meetings that have been closed are the Saturday meeting in GI and the Tuesday meeting in Alda.

The meetings that have started up are the Unity meeting, they meet on Wednesday at 8.00pm at 702 w 14<sup>th</sup> St. in Hastings, NE. In GI a Monday night meeting started at 8.00pm at 304 E 3<sup>rd</sup> St.

The New Day Group is having a Halloween Dance on Oct.29 at the Blessed Sacrament Church at 518 W. State St. in GI. The speaker will be Gilbert. All are welcome.

Loving Service  
Dan B.

Great Plains: Hello everyone from GPANA. It has been pretty quiet in our area this last quarter all of our groups seem to be doing well. Meeting attendance keeps growing. Some of our meetings have been drawing 40-50 addicts. For our area that is awesome.

Four of our groups were able to make donations to region this quarter. Day by Day, Just for Tuesday, Sunday Noon, and Friday Red Ball, totaling \$170.00.

In Loving Service,  
Ruth S.

Northeastern: Hello from NEASC. I'm John and I'm an addict. Our area is doing well. We'd like to officially welcome 3 new groups to the area. They are David City, Clean and Serene, and Solutions. We now have 6 groups in our area. Columbus is holding its Information Celebration on Nov. 26<sup>th</sup> at St. Joe's Social Hall. (see attachment) from noon to 11pm.

The NEASC has a \$200.00 donation for region. I believe that is everything.

Thanks for letting me serve.

John C. RCM Alt.

Eastern NE: Greetings NE region from Eastern NE. It is my pleasure to announce that we do have a new RCM. My name is Keith, I am pleased to announce we have a new Alt RCM Susie. Meetings in our area are continuing to go well and there are plenty of activities planned for the upcoming holiday season. There are some flyers available, but you may also check on our website ([www.eastern-nebraska-na.org](http://www.eastern-nebraska-na.org)), if you would like more information. I have been spending some time with our subcommittees and ad hoc committees as our area has been revising guidelines. The process has been going well and I believe everyone involved has been doing a great job.

On a personal note, I am honored to have been voted in as our area's RCM and believe this will be of great benefit to me in my recovery. I look forward to serving on this committee and would appreciate any assistance that you may be able to give me as I make the transition from area service to regional service.

In loving Service,  
Keith P.

RD Report: Hello Family, Well this quarter most of my report will be in attached documents. They include the product from the zonal in July when we work shopped PI. Our Zonal secretary is still working on a format for this document so its coming this quarter in simple page form. We promised a product but we need some time to get the format together. Our region hosted Zonal this time around which I feel ended up a big success. Thank you everyone who turned out and especially all those who helped. A BIG NA HUG from me to all of you on that one. Thank you SENANA!!!! The information from the H&I work shop at this zonal will be available at the next region meeting. As far as news from WSO goes, I received the next 4 chapters of the Public Relations Handbook. The input and review for these chapters is due by Dec 1<sup>st</sup>. I also received an e-mail from the WSO concerning travel to the WSC. The dates for the conference are the 21<sup>st</sup>-30<sup>th</sup> of April. We will pick up the CAR up in Jan. down in Kansas. That's about all for now. Also included in the attached documents are my financial report and my report to the zone.

ILS, Mark B.

#### Financial Report:

Starting Balance	\$429.38
------------------	----------

#### Expenses

Hotel	\$145.60
Gas	\$120.00
Food	\$ 50.00
Alt RD Gas	\$20.00

Ending Balance	\$ 93.78
----------------	----------

(see attachments for Plain State Zonal Forum 4pgs.)

NE Regional Report: Hello Family, Well either I lost my zonal minutes or I never received them. Probably the first. Anyway things here in Nebraska are really well with most reporting good support with most service positions filled. Our Regional Convention is scheduled for next weekend in Norfolk. Please check our regional web-site for all the info. Also check out all our upcoming events. We've finally formatted some guidelines for are RD, ALT RD, and 2<sup>nd</sup> Alt. This was done in preparation for filling the 2<sup>nd</sup> Alt position. These guidelines are still in the approval process. Well I don't like to be so short but that's about all we have at this time. Gratefully things are pretty calm right now which is a good thing.  
ILS, Mark B. & Brain S.

#### Sub Committee Reports:

Hospitals & Institutions: A great H&I subcommittee today. We discussed the best ways for us to spend our literature resources this quarter and will be using those resources to help Elkhorn Valley area and the Fremont area in their efforts to build their H&I meetings.

Discussed and decided was to donate \$100.00 to the Elkhorn Valley area to support their upcoming Learning Day in Feb.

Following that, the discussion centered around the topics which were brought up at the Zonal Forum two weeks ago. This committee has decided to begin work on listing its short and long term goals, improve its structure, and get updated policies in writing.

We finished with discussion of the second part of the PR handbook which is currently out for review. This part of the new handbook is what is proposed to replace our current H&I guidelines. WE encourage all members to obtain a copy of this & see what is being proposed. On a personal note, I really like the direction our fellowship seems to be going here.

In Loving Service,  
Jeff D.

PI: Greetings from the Region PI committee. Our areas are doing fabulous PI work. Thank you to all members that participated today.

Central still has their Radio PSA playing and have their TV spot ready to go. They had their 1<sup>st</sup> sub committee meeting, they are looking forward to building their sub committees.

EVANA is also looking to building their sub committees. They are project/goal driven and working hard! Currently they are putting up flyers & planning a book drive in schools and libraries. Produced some business cards w/meeting lists & PI continue....

are being used by addicts as well as the police department.

Fremont is continuing their efforts with community outreach & are investigating doing a radio PSA.

We would like to Thank Gus for serving as our chair this year, his contributions were very valuable and we appreciate his service.

We would like to suggest/nominate Robert J from Central as our new Region chair.

The web-site is going though some changes not as fast as we had hoped but they will be accomplished soon.

I would like to Thank Region for their support.

In Service,  
Shawn R.

NRCNA XXII: No report. Way to soon to have one ready!!!!!!!!!!!!!!

NRCNA XXIII: Hello from the convention. We met here today and got a lot of things done. Our next meeting will be @ 1:30p on Jan. 14<sup>th</sup> at the next region meeting. We had 25 registrations for the convention which I got Sunday morning @ NRCNA XXII. We have a very loving committee but still looking for other addicts to get involved with this convention.

In Loving Service,  
Mary R.

Policy: I reviewed the last 2 region minutes and see there are some changes that need to be made- as well as some changes that may be coming so I shall wait until after today to update them and produce them.

I apologize for my absence but appreciate your support. During July's region I chose to visit my mother instead and I am grateful I did because she died the next weekend. Thank you again for your support.

In Grateful Service,  
Shawn R.

GSR ASSEMBLY: Today we talked about how to get literature and books from region. Came up with some solutions. Talked about how to get more people involved with H&I service work. Some solutions were give recognition, show gratitude, appreciation for the work that is being done. Don't need a chair to get something done, Have a passion for the service work you want to do, Railroad bad things happen, just ask for their help, go by guidelines, Share experience, strength and hope.

Next Region topics Talk about success and failures with getting addicts involved in service work, CBDM, Discussion of the Twelve Concepts. Gary D. will be the chair and it starts at NOON.

Thanks for letting me serve, Penny F.

Nominations & Elections:

Service Resumes:

Executive Committee:

Chairperson- Susan S.

Clean Date 7/08/97

Actively go to meetings each week.

I have a sponsor and use her and I do sponsor. Practice the 12 steps and 12 traditions in my daily life.

Positions served-

Group level-

Secretary, Treasurer (1yr)-Russell Nothing to Fear Group

Alt GSR (1yr)-Russell Nothing to Fear Group

Alt GSR (1yr)-York Back to Basics Group

Merchandising co-chair (1yr)-Run for Fun Annual Meeting

Chair (1yr)-Run for Fun Annual Meeting

Literature Chair (1yr)-York Back to Basics Group

Area level-

Secretary (1yr)-CKASC

Co-chair (1yr)-CKASC

Chair (1yr)-CKASC

Policy Chair-NEASC (1yr)

Vice chair-NEASC (1yr)

Chair-NEASC (1yr)

Treasurer- (present) NEASC

Region level-

H&I contact for women (1yr)

Chair (present)-NRSC

Vice chair- Diane B.

Clean Date 3/13/1993

I've worked the 12 steps and apply the steps and traditions in my daily life to the best of my ability. I have a sponsor and use her and have always attended 3-5 meetings a week to maintain my recovery.

Positions served-

Greeter

Phone line contact person for women

GSR Tues. Night Group 1yr.

Alt GSR SOS Group 1yr.

Alt/Acting GSR Cleanway Club

H&I committee-'96 & '97

Acting H&I Chair

Acting Co-Activities Chair

NEASC Treasurer-Previous term in '90's and for the past 3 years

In addition to service work in NA, I have held officer positions in several other organizations and have a working knowledge of how to conduct a business meeting.

Thanks, Diane B.

Treasurer-Dan M.

My clean date is 9/10/91. I attend meetings on a regular basis and have a sponsor who works the NA program. I have served at many positions since coming into the program. At the group level I have served as GSR, Alt. GSR, Treasurer, Lit chair, and Policy chair. At the area level I have been Area chair, Co-chair, treasurer, PI member, and H&I member. At region level I have served as Vice chair, and have served on 2 convention committees.  
Thanks Dan M.

Sub Committee:  
Service Resumes:

### Hospitals & Institutions-OPEN

Service Resume continue...

Public Information-Robert J.

Clean date 4/16/2001

New Day Group literature-Oct. 01-04

New Day Group treasurer-Nov. 04-present

Central NE area P. I. Chair-June 04-present

Central NE Phone line chair-Aug. 04-Feb. 05

I have been to all but one Region PI subcommittee since April 04.

I attended last two zonal workshops. One of which was on Public Information.

### Policy-Shawn R.

I could not find Susan S. or Shawn R's resumes in old minutes, I have called them both to ask to e-mail one. They will be posted in the minutes sent to the web-site. Sorry for any inconvenience this may cause.

Please take back to your groups and vote. We still need a nomination for Hospitals and Institutions Chair.

Still looking for Convention Bid for NRCNA XXIIII (2007), Any Area interested please bring proposal to Jan. 2006 Region.

Old Business: Voted on approval of, modify, or reject Policy change for guidelines of RD, Alt. RD, and 2<sup>nd</sup> Alt.

NEASC concerns about duties:

1) Why do RD's have to use their own resources instead of funded entirely by Region for doing Regional work?

2) Concern about Zonal, 6 for RD, 6 for Alt. RD, and 2 for 2<sup>nd</sup> Alt. Is it in 1yr or 2

yrs.

3) What if someone is fully qualified can't afford to pay for the zonal, conferences, ect. Why should they be denied the chance to do their work.

4) Responsibilities and duties should be more clarified, financial statements, written reports, ect.

1)answer- normally not an out of pocket expense

2)answer- 3 times a year 4 on conference year per 2yr term

3)answer- knowing in advance of financial impact from self

4)answer- have people working on redoing guidelines should be ready next region.

(I apologize for any thing in above that is incorrect it is what I heard and wrote down. I hope it is close though, to much info to fast).

Vote-

Central- abstain

Eastern- no

Elkhorn- abstain

Fremont-abstain

Great Plains- yes

Northeastern-yes

Southeast- abstain

McCook/Platte Valley-absent

Fails

Open Floor:

Dan M- Region should have a standing convention committee instead of just throwing Area's into it.

Jeff D- Doing a review of P.R. Nov. 19<sup>th</sup> in GI

Shawn R.- Applaud of doing review of Literature. This review has a purpose, encourage everyone to do so. You can put your input online, coolest feeling in the world to be part of change.

Jeff W. -propose to have next region in Lincoln.

Mark B- Discussion @ world bulletin about taking personal names off account and putting groups names on accounts.

Shawn R.- appreciative of region giving her \$100.00, gave money back and wants to say Thank you.

Mark B.- Jan. is C.A.R.. Workshops need to be set for all areas, Sooner the better. It takes a couple of hours to go thru all the motions. Need to get them done.

New Business:

Motion 1: To form a standing convention committee.

Intent: To provide consistency and stability as well as assistance to our Regional convention.

Submitted by: Mark B

Seconded by: Jeff W.

Take back to groups for vote.

Motion 2: To host the next Region at 2729 N. 12<sup>th</sup> Unity Room in Lincoln on 1/14/06.

Submitted by: Jeff W.

Seconded by: Keith P.

Voting:

All areas voted YES.

**PASSED**

Region will meet again Jan. 14, 2006, at 2729 N. 12<sup>th</sup> in Lincoln, NE in the Unity Room.

GSR Assembly at NOON

Convention meeting at 1:30p

Sub-Committees at 2pm

Regional Service Committee at 3pm

Respectfully Submitted by:

Penny F.

Attachments:

Treasurer Report

Plain States Zonal Forum

NEASC Information Celebration Flyer