

Nebraska Regional Minutes January 14, 2006  
Lincoln, NE

The meeting was opened with a moment of silence followed by the Serenity prayer.

Mark B. read the Twelve Steps and Suzie read the Twelve Concepts.

Susan S. read the Purpose.

The following members were present:

**EXECUTIVE COMMITTEE:**

Chairperson-Susan S.	RD-Mark B.
Vice Chair-Diane B.	Alt. RD-Brian S.
Secretary-Penny F.	
Treasurer-Dan M.	

**AREAS:**

Central NE-Dan B. -RCM  
Eastern NE-Keith P.-RCM, Alt. RCM Suzie  
Elkhorn Valley-acting RCM Wendy  
Fremont-Christy M.-RCM, Alt RCM Jackie  
Great Plains-Ruth S.-RCM, Alt RCM Cathleen P.  
McCook/Platte Valley-absent  
Northeastern-John C. RCM  
Southeastern-Pat W.-RCM

**SUB COMMITTEES:**

Hospitals & Institutions-OPEN  
Public Information- Gus R./Robert J.  
Policy- Shawn R.  
NRCNA 22- Acting Wendy/Dan M.  
NRCNA 23-Mary R./V.C. Scott  
NRCNA 24- bid open

**VISITORS:**

Jeff	JD	Spencer	Charity
Mary	Wanda	Carrie	Dave
Larry	Joe	Mark	Sabrina
Kevin	Jennifer	Dave	Bert
Dale	Janelle	Larry	
Robert	Dewayne	Jeff	

**SECRETARYS REPORT:**

Motioned by John C. and seconded by Dan B. to approve and accept October's minutes. Passed

**TREASURERS REPORT:**

Beginning Balance:	\$1995.09
Income:	\$3650.30
Total Balance:	\$5645.39

Expenses:	\$4025.39
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Ending Balance:	\$1620.00
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(see attachment)

**AREA REPORTS:**

**Central NE:** Hello everyone from Central. Attendance at the group level is doing well. The Freedom Seekers and the Unity meeting in Hastings has moved to the First Baptist Church at 4<sup>th</sup> & Lincoln. The Making a difference Meeting in G.I. Has moved to the Salvation Army at 3<sup>rd</sup> & Eddy.

The New Day and Electric Candlelight Groups are having a Chili cook-off, Speakers and a Dance at the Phillips Memorial Hall -500 3<sup>rd</sup> St. Phillip, NE. Saturday February 11<sup>th</sup>, 2006.

Cook-off 5:00pm, Speaker-6:00pm, Dance-7:00pm. Everyone is welcome.

In Loving Service, Dan B

**ENNA:** Greetings family from Eastern NE. Things are going well in our area. Our area meetings have seen a definite decrease in conflict and drama that has helped create an atmosphere in which our area is better able to serve its groups. I sincerely hope that this trend will continue.

We have had the first printing of our area newsletter that we hope to be able to continue on a quarterly schedule with the next edition due out in February. I have brought a few copies with me if anyone would be interested in contributing articles to the newsletter, I am sure that they would be greatly appreciated and would be given equal consideration for publication.

**ENNA Cont.**

We are in the process of scheduling a **CAR** workshop. We are looking at several different factors, but are tentatively looking at a Saturday afternoon in mid-March.

I have brought flyers for the local activities scheduled for our area. I would like to take this time to remind everyone that our area's Close Encounters Convention is next month. We are looking forward to it and hope to see you there. It is sure to be a weekend full of fun, fellowship, and recovery. Information for the convention and other activities is available on our web page.

In Loving Service, Keith P.

**ELKHORN VALLEY:** Hello Family, everything is going great in EVANA. Our sub-committees are flourishing. Attendance is growing rapidly. EVANA is hosting a Public Relations Day on Feb. 11<sup>th</sup>, 06 We will be reviewing the next few chapters of the P.R. handbook. Hope to see everyone there. EVANA will be combining the NEASC to present the **CAR** review at their Spring Fling. Great team work between areas.

In Loving Service, Wendy H. proxy for Mike H.

**FREMONT:** Hello everyone. I want to start out by thanking everyone for helping make last Region a success. Fremont had not held a Region meeting for a very long time. It is nice to be able to participate.

Fremont meetings have been going well. Attendance is still strong. The 19<sup>th</sup> annual Freezeout is coming up March 4<sup>th</sup> & 5<sup>th</sup> @ Camp Moses Merrill. For those new to this activity there will be plenty of fun with food, games, speaker meetings, dancing and breakfast for those who choose to camp overnight. We also have T-shirts printed up and available to look at. This is our biggest event of the year and the only chance to pie someone in the face! I hope to see you there.

Thanks again for all who participated in last Region and activity afterwards. I want to wish all a clean and sober new year.

In Loving Service, Christy M.

**GREAT PLAINS:** Hello. Everything is going well in our area. Meeting attendance is good. WE are planning our annual NRCNA fundraiser on March 18<sup>th</sup>. Casino Night. Flyers should be out within the next month. Hope to see you there. Area held elections last quarter, Cathleen P. is Alt RCM. And I will be serving another term as RCM.

In Loving Service, Ruth S.

**NEASC:** Hello. Our Area is doing well. We now have six groups in the area with representatives for the groups. We have a 180.00 donation for Region this quarter.

Thanks for letting me serve. John C.

**SENANA:** Hello. I have just been voted in as our area as the new RCM. Jeff promised to hang around and help out. Our area has just finished our votes for our executive committee, and members have signed on for one more year. A big thanks to them all. Our area is reaching the end of the inventory for our area that we have been working on for the last 3 months. We held a special workshop to help groups work on the area

**SENANA Cont.**

inventory. We have learned many things from this process. One is that our area could benefit from a strong outreach program. But more to be revealed when all the groups turn in their final results at our Feb. area.

Wednesday Night NA meeting had a regional donation of 97.00 and Tuesday Night Let It Out had a 10.00 donation.

Also Family/game night Sat Feb. 18<sup>th</sup> 5pm here at UNITY ROOM

Below is my contact info:

In Loving Service,

Pat W.

402-783-5701 (h)

402-310-5478 ©

[willkieslady@netscape.com](mailto:willkieslady@netscape.com)

**RD REPORT:** Hello Family. Well most of the quarter was pretty quite but the last couple weeks have been pretty busy. Me & Brian spent the last weekend in McPherson, KS getting our official version of the Conference Agenda Report. I am happy to report the CAR only has 3 motions on it this time around. This will make for shorter CAR workshops so maybe we can do some review on chapters 10-12 of the Public Relations Handbook. Which of course we have on hand and the input is due March 15<sup>th</sup>. Lets please get these workshops scheduled and done in as most timely fashion. The Zonal meeting was also last weekend in KS. This zonal produced a lot for us to discuss. First we are gearing up once again for the Mid-Western Governor's Conference on Substance Abuse & Gambling, which will be held in KS City. The committee working on this expects the cost for each participating region (Mid-America, NE, IA, & Show Me) to be approximately \$100.00 each. They will be asking for these funds at our next zonal meeting. Are we willing to support this? Last year we made an \$80.00 donation. We also discussed the possibility of our regions helping fund the travel of our zonal trusted servants to zonal meetings. We are looking for input on this and are not asking for any funds at this time. We also discussed the development of a zonal web site and the costs involved in that. We asked a couple members to look into this and report back on their findings at the next zonal meeting. If we have any members with experience in this area your input would be appreciated. We also made the decision to finally approve a set of guidelines specific to the function, operation and responsibilities of the zone members. We are in the review process of this policy at this time. Included with this report is a financial report, a copy of my report to the zone and the results of our H&I workshop in Lincoln at our previous zonal meeting.

ILS. Mark B.

Beginning Balance	\$1463.78
Car & Gas	\$ 189.88
Food	\$ 141.83
Hotel	\$ 125.22
Ending Balance	\$1006.85

**NEB. REGION ZONAL REPORT:** Things have been kind of quite in the NE Region these last couple months with the holidays and all. We held our regional convention in Oct. From all accounts it was a great success. Even with the host Hotel closing a week before the convention couldn't put a damper on our spirit. We managed to adapt and overcome. KUDO'S to our convention committee! Speaking of our conventions the Close Encounters Convention will be held Feb.24-26 in Omaha. Please see our web site for more info on that event and the many other events we have planned all over our region. Our fellowship continues to grow with our areas and groups are doing well. We have new groups starting all the time. Even our Spanish speaking meeting in Omaha is doing well. We look forward to seeing everyone at the conference.  
ILS. Mark B. & Brian S.

**ALT RD:** Happy New Year I hope your holidays were filled with joy and good times. It was shaping up to be a calm and quite ¼ until the last few weeks. We now have until March 15<sup>th</sup> to review and input chapters 10-13 on the PR handbook. We attended the Zonals for the CAR Jan 6-8. It was very informative on Gaining and Sharing information on problems and solutions that pertain to our region. I was impressed with the way WSO is gathering information that is pertinent to NA as a whole to set their agenda by. It is an efficient way for every member in NA to have a voice in what info and services can best serve our fellowship. All you have to do is attend the workshops. I thought the discussion topics in the CAR were directly related to the problems we have in our local fellowship as well as throughout the world. As for workshops I truly hope we as addicts utilize the resources that so many dollars out of the basket was spent to get these resources. Mark has a lot of knowledge and resources of info and or the right addicts with the info that we as a fellowship are not using. I hope we don't let him out of our regional meetings without using his skills! He is doing a great job in training me. I still believe he has skills and resources that it will take time for me to achieve and we should utilize his why he is available to us. I have only seen (1or2) areas ask for his help and resources. It was awesome to be a part of the process in which he used to help our areas. The WSO issued services bulletin #32 regarding using personal SS# for our checking accounts especially at group level. I have brought some copies of that so each RCM can take one back to your area and groups and a copy for the minutes. I would however like to offer our assistance in helping or doing any workshops our region or areas would like to have on the PR chapters 9-13. Also need to schedule CARS before next region meeting. Please do not hesitate to get these project under way or ask for help with them as we would be honored to help in any way. I also would like to apologize to this body for not being to as many area business meetings as I should have been. I will be making an agenda calendar for the next ¼ and turning it in with my report. I would also like to ask our region to consider scheduling our next meeting to either the 1<sup>st</sup> or 3<sup>rd</sup> Saturday in April as I have a function that I would like to attend that is a big part of my personal recovery. I have turned in receipts in the amount of 67.75 for food & fuel from zonal.  
ILS Brian S. & Mark B.

## **SUB COMMITTEES:**

### **Hospital & Institutions: Lincoln, Great Plains, EVANNA**

**-discussed during assembly what is working for H&I**

**-York has been sending literature into an inmate as a care package sent from WRSO**

**-GPA- meetings are going well. Buffalo county is the only jail meeting. We have several volunteers and meetings twice a week.**

**-SENA-as of today's date I am pleased to report that we have grown to be actively participating in three jail presentations as well as our one treatment presentation. Unfortunately not all is going well as could be expected. Only two coordinators working and another member committing to coordinator. We have attained a small stockpile of literature, thanks to a members family donating an amount of cash used in its entirety of literature. When I made out the order I was to hasty and didn't order all we could use. This problem will be taken care of in the upcoming months. Our major problem at this time lay in volunteer participation. All in all we keep trying. Jerry W.**

**\*checking to see if we could get the literature back we sent to York**

**-Fremont-only have Fremont county jail. Problem with lit disappearing.**

**-Central-no women going in. men are doing meetings.**

**-Gary will contact Jeff about literature**

**-Will nominated Dale for Region H&I chair**

## **PUBLIC INFORMATION:**

**- We will be submitting a budget request. We also did a lot of general discussion on area's helping other area's.**

## **AREA REPORTS:**

**Central- Robert-Continuing work towards a TV spot, radio spots going good. Sub-committees is starting out good.**

**EVANA-Wendy-Putting package together. Meeting with judge in charge of Drug court. New answering machine with meetings and contact info. Put basic text in library. PI Learning Day Feb 11<sup>th</sup>.**

**PUBLIC INFORMATION Cont:**

Northeastern-Joe-Going good. Radio PSA in the works. New communities joining the area. Lots of requests for speakers. Drug court opening in Columbus.

Fremont-Bert-Mailings are going out. Working on approaching Radio stations for PSA.

Great Plains-Cathleen-Business cards are printed and being distributed. Working on PSA.

Omaha- No Rep.-Doing well.

Check out the updates on the web site.

Thank you for allowing me to serve this Region over the last few years. The last 4 years have been the hardest of my entire recovery. But I'm in a better spot now than I ever have been. It's amazing to me how little I knew a 1 year ,or 5 years or 15 years ago. It is easy to see when I look back over my recovery. When I came back to Region I was trying to fill a void in my life/program. I'm not sure if that was a good reason to do service work, but that is what I did. I believe I should approach service with a desire to serve selflessly, with the vision of the end result, to help the still suffering addict. Because of this I feel I have done a poor job in my trusted service position. On the other hand, I'm glad I was able to hold this position until someone who really wanted it, someone with a real passion for Public Information came along. As soon as I seen Robert's enthusiasm about getting the word, out, I started to feel a lot better about Public Information in Nebr. . Again, thank you for allowing e to serve the NE Region of Narcotic Anonymous, the greatest in the world!

Gus R

**NRCNA XXII:** Great turn out for the convention. We seemed to have stored all the information in the NRCNA storage unit. We will be locating that info and turning it over to NRCNA XXIII. We made \$2908.43.

IN Loving Service Wendy H. NRCNA 22 secretary

**EXPENSE REPORT WILL BE READY FOR NEXT REGIONAL MEETING.**

**NRCNA XXIII:** Sub committee report. The planning is coming along good. The design is being changed a little so it will look better on the shirts. We have a package deal for the taping and 2 nights of dancing and karaoke plus a slide show of the convention, contracts need to be signed. We are giving a free basic registration to each area for their convention fundraisers. More will be revealed later,

In Loving Service Scott R. Vice Chair NRCNA XXIII

**NRCNA XXIII: BID STILL OPEN**

**POLICY:** Greetings. We discussed the changes to the policies in regard to the RD Alt, but we would like more time to consider. We will have a recommendation in at the next

**POLICY Cont:**

Region.

Also, I apologize for not turning in my service resume-the secretary called me but by the time I returned to town-my minutes were in my mailbox. Good job Penny-

I would be happy to submit them now if you wish.

Thanks- In Service, Shawn R.

**GENERAL ASSEMBLY:**

-Discussion was about how to get members involved in service

-How to match talent with task

-Suggestions on how to maintain a positive public image

-Making sure we are newcomer friendly

-Leadership was discussed, training the person who is taking your service position

-H&I duties-making sure the message gets out to the still suffering addict

-Getting burnt out on service work. How to prevent

-Group read aloud the CAR report summary aloud

-GSR's or chairpersons need to be responsible for keeping meetings recovery based

-Bring newcomers to business meetings and teaching them along the way

Thanks Wendy H.

**NOMINATIONS & ELECTIONS:****Service Resume:****SUB COMMITTEES:****HOSPITAL & INSTITUTIONS-Dale B.**

Service Bio as of 1/12/06

Clean Date 11/11/92

Home Group:

Chairperson/secretary- 4yrs.

GSR- 4 yrs.

Active member- 13yrs.

Area Service Committee:

Alt. RSR/RCM- 1 term ENNASC

**Bio Cont.**

RSR/RCM- 1 term ENNASC 2 terms NEASC

Area Chair- 2yrs NEASC

H&I Chair- 2yrs NEASC

H&I member- 12yrs

Regional Service Committee:

\*H&I Chair- \*1yr

Alt RD- 2yrs

RD- 2yrs

Policy Committee Member- 1yr

Convention Programs Chair- 1yr

My chosen program of recovery is exclusively Narcotics Anonymous. I have an NA sponsor, and I sponsor NA members. I practice NA 12 steps, and having a working knowledge of our Traditions and Concepts. I own 4 copies of the H&I Guidelines and have read everyone of them. They are ALL the same, (if anyone is curious). I'm familiar with requirements and duties of the H&I Chair and am willing to serve in this capacity. I love reading books, watching movies, listening to music, and very short walks on the beach. (oh yeah,)...and world peace. Dale B.

\* Due to Regional Policy I had to give up the H&I Chair position to accept nomination for Alt. RD Hence,...I was not able to complete that term.

**TAKE BACK TO GROUPS TO VOTE**

**EXECUTIVE COMMITTEE:****SECRETARY:**

Penny Field

Clean Date- 8/9/01

Home Group-

Just For Tuesday Night Candlelight Meeting-GSR-1yr.

Treasurer- Active

Area-

Secretary-1/2 term (was going to move but did not)

Alt. RCM- 1/2 term (as above)

Region Service Committee:

Secretary- 1 quarter

I have attended every Region for the past 2 years. I am currently the secretary for region and I do my best to have the minutes out within a week to cause less chaos for all areas and a chance for all group members to have a vote and to know what is going on at Region in a timely fashion.

I have worked the steps of NA and am currently sponsoring other women addicts in the program.

I have a working knowledge of the Traditions and since attending Region a working

**Bio Cont.**

knowledge of the concepts.

I really have a passion for this service position and would really LOVE to keep it.

**To clear up some confusion I was voted in for a quarter, and now it will be a full term service commitment.**

**TAKE BACK TO GROUPS TO VOTE**

**REGIONAL DELEGATE-OPEN**

**Nomination -Brian S. ( has accepted nomination)**

**PLEASE bring back any other nominations and bio's to next Regional Meeting**

**ALT REGIONAL DELEGATE-OPEN**

**PLEASE bring back nominations and bio's to next Regional Meeting**

**TAKE BACK TO GROUPS**

**ELECTIONS:**

**Executive Committee:**

Chairperson-Susan S.

Passed

Congratulations!

Vice Chair-Diane B.

Passed

Congratulations!

Treasurer-Dan M.

Passed

Congratulations!

**Sub Committee:**

Public Information- Robert J.

Passed

Congratulations!

Policy-Shawn R.

Passed

Congratulations!

***THANK YOU MEMBERS WHO OFFERED TO SERVE ANOTHER TERM.***

**OLD BUSINESS:**

**NRCNA XXIII-OPEN**

Great Plains Area bid proposal for NRCNA XXIII.

Tentative Date-Sept. 28,29,30<sup>th</sup>, 2007

Tentative Location- Ramada Inn, Kearney, NE

The Ramada Inn currently has this weekend open. They are getting a bid proposal together based on our last convention.  
In Loving Service Ruth S.

Ruth motioned to close bid nominations and Dan 2<sup>nd</sup>.

PASSED

**TAKE BACK TO GROUPS TO VOTE**

**Motion 1:** To form a standing Convention Committee.

**Intent:** To provide consistency and stability as well as assistance to our Regional Convention.

**Submitted by:** Mark B.

**Seconded by:** Jeff W.

PASSED

**OPEN FLOOR:**

Mark B.-CAR workshops would RCM like to discuss the 3 motions or the 3 motions and bullet points. Need to set dates for CAR workshops from RCM's today. Input and Review will need to be set on a different day.

Pat W.-Area members have already voted in secretary for the year term and new GSR's will get real confused understanding policy. Can Region make an exception?

Gus R.-1) Has anyone contacted Platte Valley/McCook?

Mark-concern about funding

2) CAR- 3 motion and bullet points should every thing be discussed

3) GSR assembly-Why does it keep being put into minutes when every Region we don't like it.

Shawn R.- It is brought into region by calling for report.

Keith P.-GSR assembly has a place @ region and likes it in the minutes.

Brian S.- purpose to service, should be a part of.

**Open Floor Cont.**

Shawn R.- Caused issue brought up, discussed and decide if want as part as region- need guidelines.

Mark B.- Has survived while his time in NA and has been supported may want in policy.

Dan- Make a motion-why need service positions.

Mark B.- Believe in forming steering committee, not standing, no money, traditions and concepts accountability, chair, vice chair, secretary. Single point of accountability.

Brian S.- Treasurer qualifications clean time requirements is important Experience brought back in.

Shawn R.- likes steering committee, ask to assist members need to assist, likes chair and vice chair. Chair lives in Omaha going to McCook may have funding.

Dan- Pool of warm bodies.

Shawn- Keep phone numbers and names.

Gus - Trouble getting a hold of information need to get a hold of previous chairs.

Sorry for any miss quotes. I hope it was close.

**NEW BUSINESS:**

**Motion 1:** To give \$100.00 to the zonal PI committee for Midwest Governor's Committee on Substance Abuse & Gambling

**Intent:** To help fund literature and booth costs and conference.

**Financial Impact:** \$100.00

**Submitted By:** Mark B.

**Seconded By:** Ruth S.

**Voting:**

**Central-** yes

**Northeastern-** yes

**Eastern-** yes

**Southeastern-**yes

**Elkhorn-** yes

**McCook-**

**Fremont-**

**Great Plains-** yes

**TABLE BACK TO GROUPS**

**Motion 2:** Columbus to host the next RSC on 4/15/06. The location is Platte Center Auditorium on Main Street in Platte Center.

**Intent:** Will follow with our annual Spring Fling which is our convention fund

**Motion 2 Cont.**

raiser.

**Financial Impact:** ½ rent cost for the building. \$50.00

**Submitted By:** Diane B.

**Seconded By:** John C.

**Voting:**

**Central-** yes

**Northeastern-** yes

**Eastern-** yes

**Platte Valley-**

**Elkhorn-** yes

**Southeastern-** yes

**Fremont-**

**Great Plains-** yes

PASSED

**Motion 3:** Increase PI budget from \$250 to \$450 a quarter.

**Intent:** Increase meeting list printing by 1,000 and to attend a Public Conference

**Submitted By:** Region PI Chair- Gus R.

**Seconded By:** Diane B. Vice Chair

**Voting:**

**Central-** yes

**Northeastern-** yes

**Eastern-** yes

**Platte Valley-**

**Elkhorn-** yes

**Southeaster-** yes

**Fremont-**

**Great Plains-** yes

TABLE BACK TO GROUPS

**Motion 3:** To have the General Assembly be a part of the NRSCNA

**Intent:** We have it and use it so let us take responsibility for it

**Submitted By:** Gary D. Acting H&I

**Seconded By:** Pat W.

**Voting:**

**Central-** yes

**Northeastern-** yes

**Eastern-** yes

**Platte Valley-**

**Elkhorn-** yes

**Southeastern-** yes

**Fremont-**

**Great Plains-** yes

TABLE BACK TO GROUPS

**Motion 4:** To give PI Committee \$100 for extra copies

**Intent:** see above

**Financial Impact:** \$100

**Submitted By:** Gus R.

**Seconded By:** Diane B.

**Motion 4 Cont.**

**Voting:**

**Central-** yes

**Northeastern-** yes

**Eastern-** yes

**Platte Valley-**

**Elkhorn-** yes

**Southeastern-** yes

**Fremont-**

**Great Plains-** yes

PASSED

**Motion 5:** To reschedule the next region meeting to 4/15/06

**Intent:** So some officers can better attend the meeting

**Submitted By:** Brian S.

**Seconded By:** Ruth S.

**Voting:**

**Central-** abstain

**Northeastern-**yes

**Eastern-** yes

**Platte Valley-**

**Elkhorn-** yes

**Southeastern-** yes

**Fremont-**

**Great Plains-** yes

PASSED

**Motion 6:** To have July Region on the 3<sup>rd</sup> Sat.

**Intent:** Iowa convention happens then so to have no conflict with the Iowa convention

**Submitted By:** Dan B.

**Seconded By:** John C.

**Rescinded motion**

FAILS

**Region will meet again April 15<sup>th</sup>, 2006 at the Platte Center Auditorium on main street 315 4<sup>th</sup> St. Platte Center, NE.**

**General Assembly @ NOON**

**Convention meeting @ 1:30pm**

**Sub-committees @ 2pm**

**Regional Service committee @ 3pm**

Respectfully Submitted by:

Penny Field - Region Secretary

**Attachments:**

**Treasurer Report**

**Attachment cont.**

**PSZF H&I Workshop 10/01/05**

**F.R.O.G. Cancellation**

**Letter to McCook**

**Fremont Area Na Freezeout**

**EVANA P.R. Learning Day**

**Nebraska Regional Mailing List**