



## Nebraska Regional Service Committee

### Nebraska Regional Minutes

October 10, 2015

Norfolk, NE

We opened the meeting with a moment of silence followed by the Serenity Prayer.

Jeff read the Twelve Traditions.

Bryce read the Twelve Concepts.

Gaylan read the Purpose.

Daphyne volunteered to sit in as Secretary.

The following members are present:

#### **Executive Committee:**

Chairperson: Dustin

Vice Chair: Kirby

Secretary: Daphyne

Treasurer: Kevin C.

RD: Diane.

Alt. RD: Brian

#### **Areas RCM'S:**

Columbus: Bryce Proxy

Central: Jeff

Eastern: Anita

Elkhorn Valley: Mark

Fremont: Absent

Great Plains: Pat

Southeastern: Jennifer Proxy

#### **Sub-Committees:**

NRCNA 32: Donald

NRCNA 33: Gaylan

General Assembly:

P.I.: Tommy

H&I: Doug

Outreach: Paul

I.T.: Jeff

Policy: Open

Archives: Dick

#### **Visitors:**

Vicki, Joe, Jenny, Brittney, Carrie and Todd.

Treasurer's Report: see attached

Register Report - QTD  
10/1/2015 through 10/15/2015

10/15/2015 Page 1

Date	Account	Num	Description	Memo	Category	Tag	Cl	Amount
<b>BALANCE 9/30/2015</b>								<b>6,206.02</b>
10/10/2015	NRSCN...	DEP	Apollo Storage	Replaced with chk 1192	RSC	void		90.00
10/10/2015	NRSCN...	1192	Apollo Storage	Late 2Q storage-1month	RSC			-105.00
10/10/2015	NRSCN...	1193	Philadelphia Insura	2016 Policy	Insurance	RSC Insurance		-1,688.00
10/10/2015	NRSCN...	1194	Apollo Storage	3Q Storage	RSC			-90.00
10/10/2015	NRSCN...	DEP	Apollo Storage	Only Replace chk 1194,since new	RSC	void		90.00
10/10/2015	NRSCN...	1195	Doug Phillips	4Q 2015	H&I	H&I Budget		-450.00
10/10/2015	NRSCN...	1196	EVANA	4Q 2015	RSC	Rent		-50.00
10/10/2015	NRSCN...	1197	Diane Krekovich	4Q 2015	RD	RD & RD Alt. Bud.		-600.00
10/10/2015	NRSCN...	1198	Diane Krekovich	Multi-Zonal Service Symposiam (p	RD	zonal		-100.00
10/10/2015	NRSCN...	1199	Tommy Newcomb	4Q 2015	PI			-200.00
10/10/2015	NRSCN...	1200	University Storage	New company (passed)	RSC	Storage Room		-302.40
10/10/2015	NRSCN...	1201	Apollo Storage	Only 1 mo for 4Q (new co. chosen)	RSC	Storage Room		-30.00
10/10/2015	NRSCN...	1202	NAWS	Beyond prudent & approved holdb.	RSC	WSD DONATION		-3,799.75
10/10/2015	NRSCN...	DEP	Ties That Bind NA	4Q 2015	Group Donation			100.00
10/10/2015	NRSCN...	DEP	SENANA	3Q 2015	Area Donation	Sunday Mourning		1,778.51
10/10/2015	NRSCN...	DEP	ENNA	8/23 check	Area Donation			100.25
10/10/2015	NRSCN...	DEP	NRCNA 32	Partial conv donation	NRCNA 32			2,000.00
10/10/2015	NRSCN...	DEP	NRCNA 32	Partial conv donation	NRCNA 32			3,000.00
10/10/2015	NRSCN...	DEP	ENNA	7/26 check	Area Donation			455.51
10/10/2015	NRSCN...	DEP	ENNA	9/27 check	Area Donation			204.86
10/10/2015	NRSCN...	DEP	Sunday Noon Group	4Q 2015	Group Donation			40.00
10/10/2015	NRSCN...	DEP	Day By Day	4Q 2015	Group Donation			40.00
<b>10/1/2015 - 10/15/2015</b>								<b>483.98</b>
<b>BALANCE 10/15/2015</b>								<b>6,590.00</b>
<b>TOTAL INFLOWS</b>								<b>7,899.13</b>
<b>TOTAL OUTFLOWS</b>								<b>-1,415.15</b>
<b>NET TOTAL</b>								<b>483.98</b>

Area Reports:

Area Twelve: No report/Not present

Columbus:

Narcotic Anonymous is going through some changes, all for the better. The obvious one is that we have moved to a new meeting facility which is in the basement of Pioneer Plaza and the address is: 2402 13<sup>th</sup> Street. Right now our service positions are open for nominations and new members are looking forward to be of service to the group and help getting our service structure back in line with Narcotic Anonymous at the area level. Meetings here are going strong the fellowship is growing and recovery is taking place in our own lives so come on and be a part of Narcotic Anonymous in Columbus.

Tyler M RCM Bryce P Proxy

Central:

Hello NA Family. I'm happy to report that our area has adapted consensus based decision making model and it has been successful and area service has become more efficient and spiritual. We decided on all proposals. (Motions) We are also brining a nomination for Regional Secretary, Amber S. Her bio will be added to the minutes. Our area is interested in participating in the CAR/CAT. I want to thank everyone for supporting the State Convention and all of our members that willingly provided all of their service to this event. More will be revealed in Donald's report. Thanks for this opportunity to serve.

ILS, Jeff E.

P.S I rode up with Jeff D and accidentally left a donation of \$250.00 in my glove box. I will mail it out Monday.

Eastern:

Recovery is alive and well in Eastern Nebraska. We are working on our next conventions at a new facility in 2017. We will be at Coco Keys off of South 72<sup>nd</sup> street and I-80. We have a 3 year contract there with a much larger facility. Our area voted in a new Vice Chair. Jonny D stepped up to help out. We also voted in a policy chair Paul C. As I said recovery is alive and well in Eastern Nebraska. We have a Regional Donation of \$780.62

ILS, Anita T

Fremont: No Report/Not Present

Elkhorn Valley:

Hi Family. All is well in EVANA. We appreciate letting us have the NRCNA in Norfolk. We have a new meeting on Monday night. 6:30pm. the hospital east campus on 16<sup>th</sup> Street. We are also HI & Phone line training on October 17<sup>th</sup> at 3pm at Trinity Church. We are having a marathon meeting on Thanksgiving with different home groups sponsoring time blocks. (2hours) Due to our prudent reserve being low and rent due we don't have a donation for Region this Quarter.

Thanks, In Loving Service, Mark W.

Great Plains:

Hello I am Pat and addict RCM of Great Plains District. The archives chair asked to be reimbursement for building of the display case for the Regional Banners. WE have had contact with the Lexington group about H & I in the Dawson County jail. There is a meeting going on. Lex meetings in Pink copy. Not much going on in the Great Plains area. We open positons.

In Loving Service Pat R Addict

Southeastern:

SENANA continues to Rock Recovery. We have returned the traveling basic text. We apologize for forgetting it in July. We also have mail! Thanks to Jennifer G and the H & I committee we carry experience strength and hope to treatment centers, Lancaster County Jail, Women's Prison in York and the Nebraska Penitentiary. When we do H & I we don't get high! Thanks to Bekka and the PI committee we get our message to the public – we have and two booths this year – one at the homeless coalition and the other at Pinnacle Bank Arena. Thanks to Paula and the Activities committee we continue to show the addict that if you are cored in this program it's your own damn fault – our next function is our annual Halloween Dance on October 30<sup>th</sup> at the Burean Church. We had a booming bonfire meeting last weekend at our Back to Basic free campout. Unity in action! Check out our SENANA activities Facebook page for upcoming events. Speaking of Unity, York meetings have joined out area, Whoop-Whoop, and they have also had a campout fundraisers to get Basic Texts to the Women in York Prison. We are bringing an area donation of \$1,778.51. At our last area a nomination was brought for RCM – so maybe we will have a new RCM in January.

In Loving Service Southeastern Nebraska Area of Narcotic Anonymous

Treasurers Report for NRCNA 32:

The final amount deposited was \$7360.82. We paid out \$913.83 to supplies and entertainment, making it \$8,274.65 that we actually pulled in. We believe it was successful. We also had to pay \$2498.74 to Midtown Holiday Inn. At this time we are giving \$5,000.00 and upon returning from my vacation, will work on a more itemized report; and will have my final report at next region. Thank you for allowing me to serve Narcotics Anonymous.

In Loving Service Sue H and Donald P Co-chairperson

Outreach:

HI Family. At July's Regional business meeting an email from Wyoming Regional made its way to our RD Alt (Brain S) expressing some concern about the Scottsbluff's NA meetings and I committed to visit that meeting to find out if they have any interest in joining our Region or what their plans are. They did express interest in our Region. For now this meeting is working on forming an area with the groups in that part of the Region. Some History on the Scottsbluff meeting is the meeting place is Thirty Five years old. The Scottsbluff's meeting currently Purchases their own literature from WSO on their own! Contact name and number is Ron S. (308)765-0323

ILS, Paul

Diane asked if she needs to give report first before the rest of the Sub-Committees. Dustin apologize as he doesn't have his outline. For now we will go ahead and finish.

P.I.:

Hello Family. The PI subcommittee met today. There was myself and the Central area PR present. Central is very active in PI right now. They are currently doing member surveys. They are also doing short informational presentation at the area jails, hospitals and drug courts. There will be a Professional Presentation on February 12<sup>th</sup> 2016 and more will be revealed on that. Central has also started a youth meeting and are making their own meeting lists. Thank you Dick T for all your work on the Regional meeting lists. Other than that I will be reaching out to the area PI chairs for some support and direction. Thank you for this opportunity to be of service.

ILS Tommy N

PS February 12<sup>th</sup> Professional Presentation is in Grand Island

I.T.:

I.T. subcommittee is busy these days. We hope to have a new and more mobile devise friendly format. We have cleaned all the hacked files off of the website. Our plans moving forward with the website includes map links for the meeting list. We ask the Region to begin to consider a presence on social media such as Facebook and the implications concerning our Traditions. Our current web hosting allows us to have 1000 email accounts which we are currently not using. We have set up one called [activites@nebraska.org](mailto:activites@nebraska.org) for communicating information on upcoming activities and [meetinglist@nebraska.org](mailto:meetinglist@nebraska.org) for changes and updates to the Regional meeting list. We would like the committee to set up emails for all positions to promote continuity in positons and clarity in contact information. Finally our beginning balance in our account was \$325.00 no outgoing or incoming transactions occurred leaving us still at \$325.00.

Dustin stated concern about just anyone having an email. Jeff stated it's for those who are in need of communication in there service position like GSR's. It wouldn't be just for anyone.

H & I.:

Hello Family today in the H&I subcommittee meeting we has 6 areas represented and 38 Facilities accounted for.

Columbus is struggling getting males & females going into the jails. This is Thursdays nights for Platte County jail.

Central area H&I learning day is November 14<sup>th</sup>. They are planning a speaker jam in the Hall County Jail. There is an application process & more will be revealed.

H&I in EVANA is going strong next learning day is October 17<sup>th</sup>. In search of males for the Yankton Federal Prison. Applications will be in your area.

Eastern H&I is going stronger than ever. Currently taking meetings in 10 facilities.

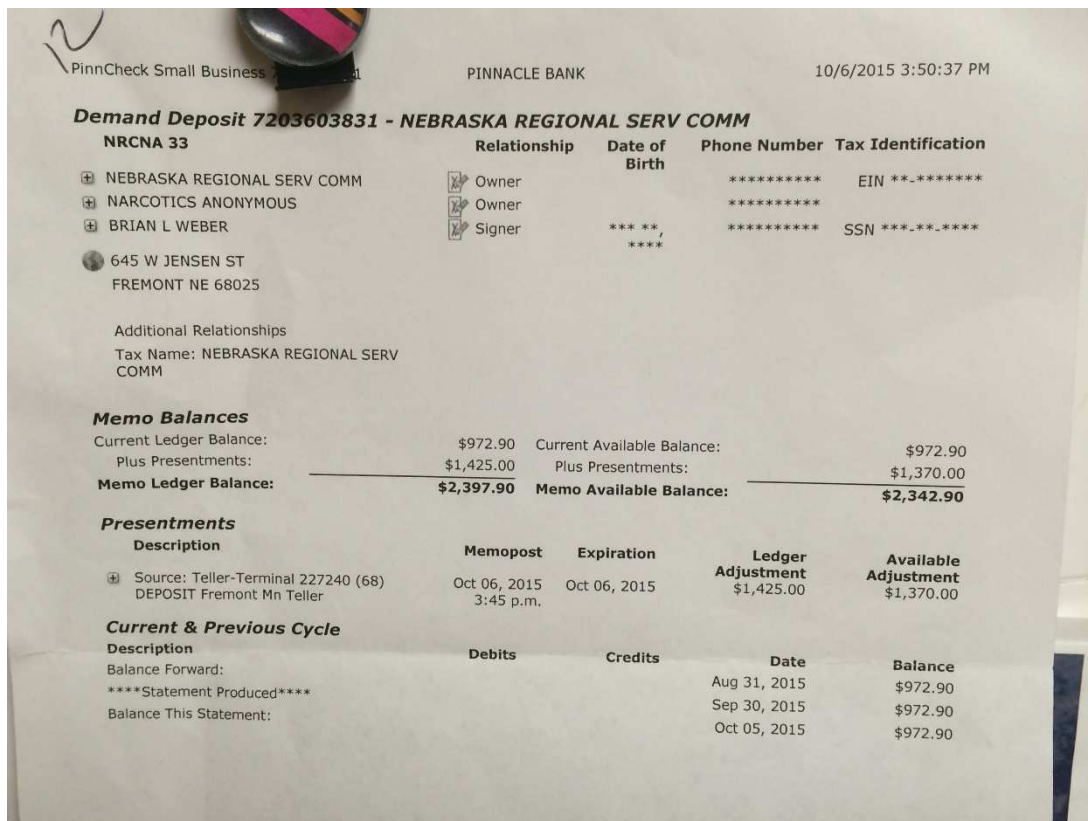
Great Plains is struggling getting males & females into the jails. We have a door open for H&I in Lexington NE.

SENANA is going strong. York Prison is going 2 times a month and tentatively H&I is set for December 12<sup>th</sup>.

In Loving Service, Doug (The Regional meeting clapped when Doug completed his report)

NRCNA 33:

Hello Family. First thank you to the NRCNA 32 committee for an awesome convention. Living Free 33 is alive and well. We still have a few committee positions open. Vice Chair, Secretary, Fundraising and Raffle. Here's our address for mail: P.O. Box 2448 Fremont NE 68023-2445. Enclosed is a bank statement \$2342.90 we did \$1,370.00 in pre-registration at the convention. Anyone wishing to participate come see me at any time. Also tapes CD's can be mailed to our P.O. Box. Pre-registrations and fundraising shirts are available. Dianne asked if he added this on the website or has a website. Gaylan stated NRCNA 32 had a website and I.T will post it. Donald stated there was no website has there was issues adding to it. Gaylan also stated he has cups and shirts for sale if you are having a fundraiser please let him know.



In Loving Service, Gaylan S.

Archives:

Hello Family. We took the banners to GI and set them up for NRCNA 32. This year we had all 33 Banners. NRCNA 31 Norfolk handed over some paper work at the convention. They still have not given us the CD set and other paperwork. NRCNA 32 has handed over everything except the last of the paperwork. Thank you for being fast.

I'm going to make a motion to help pay for the banner holder which worked very well. Also to move the storage unit that is climate controlled. I have also have all my receipts to give to Shane. I printed 1000 meetings lists. It took a lot more changes. I want to thank Monica for all the help on redoing the meeting list. (The group clapped) There is a new email for this, it is: [meetinglist@nebraskana.org](mailto:meetinglist@nebraskana.org)  
In Loving Service, Dick T

RD Report – 10/10/15:

Hello Family. Only a few things to report this quarter. Brian and I attended the Plains States Zonal Forum in Des Moines on August 28<sup>th</sup>-30<sup>th</sup>. On the 28<sup>th</sup>, we held support PR presentation to the professional public. On the 29<sup>th</sup>, workshops were presented for the NA membership, on the topics of “Welcoming All Members”, “Group Support”, “Planning”, and “Roles of Zones”. Any of these workshops are available for your respective Areas.

On 8/30/15, we held our bi-annual Zonal business meeting. The PR Coordinator position is open. The next PSZF will be held in Lawrence, KS, on January 29-31, 2016. A CAR Workshop will be held on 1/30/2016. (A Flyers was provided) The Nebraska Region is in line to host the Fall 2016 Plains State Zonal Forum. We discussed the possibility of hosting it in Grand Island, as central lo cation, to allow the maximum number of members to attend the workshops.

On 9/6/2015, Brain presented a CBM Workshop in Norfolk. The Conference Agenda Report (CAR) will be available by 11/30/2015. RCM's need to find out if their Area's will host a CAR workshop, so their members may be informed of the motions that affect NA, and ask pertinent questions. Brain and I have a 4 month window to present the CAR workshops, so we need to hear from your Areas as soon as possible. Also, does Region wish to send votes to the World Service Conference, based on individual member's votes, Group votes, Area votes or Regional votes???

In Loving Service, Diane B. & Brian S., Nebraska RD Team

ALT. RD: No formal Report was given.

Todd K. spoke up with concerns. Platte Valley Area no longer exists. We have 3 groups Lexington, North Platte are alive and well but we struggle and have no vice in Region. The Region needs to help out with this area of the state. These people drive 6 to 8 hours to support us – let's show them this Region supports them too. Valley Hope of Norton is under new Management and McCook is no longer taking meetings in. North Platte and Lexington now have Drug Court and is going strong.  
North Platte Ties That Bind Group Donation is \$100.00.  
Todd K.

At 4:05pm we took a 10 minute break.

“Open Floor” started at 4:20 pm

Bryce from Columbus: They are thinking about adding a kid’s room. The landlord asked what kind of coverage we had in our insurance. Suggested to get ahold of Mark as he might still have contacts with the insurance company. Diane suggested an Adcock committee to find this information out.

Discussions regarding challenges setting up accounts for conventions. Possibly setting up a year in advance.

Concerns about any addict having the access to change meetings on the website. Only 1 or 2 addicts should have this acceptability. This is still in the works.

We discussed some of the motions that will be brought up in New Business.

At 4:45pm “Open Floor is closed”

The following are motions that went back to groups and were passed:

- 1) Plains State’s Zonal Committee wants to start a Project Group for a “Sponsorship- Behind the Walls” where members would be able to sponsor addicts in prison through a work group. Financial impact \$120 one time for Region
- 2) For our region to fund having a World Wide Zonal Workshop in Omaha bi-annually. Financial impact \$100 bi-annually for Region. To be fully a self-supporting Region and fund the NE Regional Delegate’s complete cost for attending the 2016 World Conference- currently World Service Committee covers half of the cost but the Close Encounters Convention donation would support the financial impact of \$2000 for the Region. 3) Region will be sending a \$3799.75 donation to WSC this quarter.

**New Business:**

**NRSC Motions:**

- 1) Motion 1 submitted by Donald P.

To have a standing committee for NRCNA Conventions.

Intent: To better serve our Region.

Financial Impact: Zero

Seconded by Bryce P

**Motion 1 needs to go back to the groups for a vote.**

- 2) Motion 2 submitted by Pat

To move our storage unit in Alda to a climate controlled Unit in Kearny.

Intent: To better ensure and protect the Regions Archives.

Financial Impact: Savings about \$60.00 a year; if paid by annually.

Motion to accept and second by Mark W.

This has passed with 4 votes yes: Columbus, Central, Elkhorn Valley and Great Plains.

- 3) Motion 3 submitted by Pat

For the Region to purchase the banner holder that was made for NRCNA 32 since the motel would not let any banners hang in the speaker room. This is 140' Long, easy to hang and less time consuming. Dick made it for \$450 parts and labor and we would reimburse him \$250.00. This would be a great investment for future conventions.



Financial Impact: \$250.00

This motion was seconded by Mark W.

***Motion 3 needs to go back to the groups for a vote.***

Nominations for Secretary are:

Amber S. from Grand Island, NE – My name is Amber S. I am an addict. My clean date is March 18, 2013. I am very grateful to be a member of Narcotics Anonymous. Meeting attendance, step work and service has literally saved my life. Thanks to my God, I am capable to live free from active addiction today. I participate in the love that is sponsorship, by maintaining close contact with my Sponsor. I also have the opportunity to provide sponsorship to several women. I feel blessed to have acquired the support of women. I truly believe in the power that exists in the relationships between women and recovery. Currently, I serve as the secretary for my Home group, Freedom Seekers, as well as, the Central Nebraska Area of Narcotics Anonymous. One might ask if taking on Regional secretary position would be too much? I would like to say no. I very much look forward to serving and I am capable in my ability to produce quality minutes for the groups I serve. I am grateful to be nominated by my Area for this position. Thanks for letting me serve. Amber S.

Daphyne A. from Norfolk, NE – Hello family. My name is Daphyne A., and I am an addict. My clean date is May 27, 2010. I have a Narcotics Anonymous sponsor. I believe in the steps, the traditions, concepts and service work. For the last eighteen months I have served as a panel leader for Oasis. I also help bring in meetings to Madison county jail. I'm also Elkhorn Valley Area Chair for phone line, for the last eight months. Within this time frame, my input has saved the budget over \$570 annually. I am truly grateful and blessed to be a member of Narcotics Anonymous. I have been honored to participate in women's recovery as well as sponsored several ladies. Although I have never

been a secretary  
necessary for our Region. I  
and serve the Region to the best

before I am open minded and willing to do what is  
will bring dedication and passion to the position  
of my abilities. In loving service Daphyne A.

We discussed location change, cost and need for climate control storage. All has agreed this is to better ensure protection of the Regions Archives. This is also a savings therefore a win for Region. Due to savings no change in Policy or need to go back to groups; no finically impact.

We discussed recouping the cost for Banner holders Dick made and the motion to go back to groups.

The next Region Nebraska Regional Meeting will be held at:

The Town Hall

4027 North Commercial Ave.

Giltner, NE 68841

Motion to close and seconded by Anita. Closed in usual manner.