



# Narcotics Anonymous®

## NEBRASKA REGIONAL SERVICE COMMITTEE

October 8<sup>th</sup>, 2016  
Norfolk, NE

3:03 PM Kirby opened the meeting with a moment of silence followed by the Serenity Prayer.  
Twelve Traditions: Dustin S  
Twelve Concepts: Sam S  
Purpose: Kirby Z

### Executive Committee:

Chairperson: Kirby Z  
Vice Chair: Open  
Treasurer: Shane L  
Vice-Treasurer Open  
Secretary: Anita T. proxy  
RD: Diane K  
Alt. RD: Brian S

### Area RCM's:

Columbus: Mark W  
Central: Tracy K  
Eastern: Anita T.  
Elkhorn: Travis W  
Evana: Tera N  
Fremont: Gaylan S  
Great Plains: Deborah T  
Southeastern: absent

### Sub-Committees:

NRCNA 33: Gaylan S  
NRCNA 34: absent  
General Assembly: CBDM training noon-2:45 pm Amanda & Brian S  
Outreach: Open  
Policy: Open  
P.I.: Tommy  
I.T.: Sam  
H & I: Terra N proxy  
Archives: Dick

**Visitors:** Monica, Ryan, Terri, Julie, Dean, Amanda, Mark

**Motion to accept minutes:** Fremont, 2<sup>nd</sup> Great Plains 5 for 1 abstention **motion passed.**

**\*Note to file\* Consensus to note that the minutes were confusing as written and secretary was supposed to provide their own proxy.**

**Treasurer's Report:** \$5,976.62 beginning balance, \$4058.00 in donations, \$2,373.40 in bills and a \$1,201.22 donation to NAWS leaving us with an ending balance of \$6,460.00. Nothing else to report. ILS Shane L.

## Area Reports:

**Columbus:** Hi, family,

Most is well in Columbus. We have an \$200.00 dollar donation for NRSCNA. We started a men's meeting on Saturday 10:30 am and we are trying to start a women's meeting Saturday at 2:30 pm. We are struggling with having enough women to sponsor and women to go into the jail. We are shorthanded on the Area Service Body. We have noon and 8 pm meetings everyday with Midnights on Friday and Saturday. We have newcomers showing an interest but lack of experienced members participating to mentor. ILS, Mark W.

**Central:** Hello Family,

Meetings in our area are going well. ILS Tracy K proxy for Jeff E

**Eastern:** Hello From ENNA,

Things are well. Our area is having an Anonymity Halloween Bash on October 22<sup>nd</sup> at the Unity Church 3424 N 90<sup>th</sup> street in Omaha @ 6PM. The flyer is listed below. Come Join the fun, the person who is the most unrecognizable in their costume will be receiving a prize.

<http://omaha-na.org/index.php/na-events/eventdetail/519/-/our-anonymity-costume-contest-and-halloween-dance>

### Our "Anonymity" Costume Contest and Halloween Dance!

Saturday, October 22, 2016 06:00pm

Unity Church of Omaha

3424 N 90th St Omaha, NE 68134

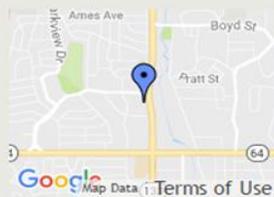
Doors open at 6 pm.

Meeting at 6:30 pm.

Dance, raffle and "anonymity" costume contest to follow!

\$5 Suggested Donation

Select here for a flyer: [event-2016-10-22.pdf](#)



Otherwise things are going well in ENNA. Thank you for letting me serve. ILS Anita T. Alt. RCM

**Elkhorn Valley:** Hello Family,

Meetings and attendance are going well in EVANA. All groups are currently autonomous and fully self-supporting. All is well here and we are truly grateful for everyone's effort to travel to get here today. Also we will be making a \$75.00 dollar donation today. ILS Travis W

**Fremont: No Report**

**Great Plains:** Hello Family,

I am an addict and my name is Deborah T. Report for Great Plains Area. Our area is growing, 2 new groups have started and a current group has started a new candle light meetings. Our area has become more structured and solid in this year. Great Plains H & I currently takes meetings in to the women in Buffalo County twice a month. Lincoln County has 9 members cleared to go into County Jail, a weekly meeting for both men and women. As an area we are growing financially as well, area has a \$200.00 dollar donation, Sunday Noon a \$40.00 dollar and Redball \$100.00.

Great Plains area will be submitting a bid for NRCNA 35 to be held in North Platte. Cruzin for Recovery event donated \$223.44 to NRCNA 33. Thank you for letting me be of service.

### **Southeastern: Absent**

#### **RD Report:** Hello Family,

During this quarter, I purchased a flip chart and easel, for Regional workshops. My RD Expense report, shows I have a remaining balance of \$1057.75, of which I will turn over to region today. It will also show I received \$60 dollars in cash from an out-of-state NA member who spent 1 night in my hotel room during the Plain States Zonal Forum. I kept these funds to cover my gas expense to come to this regional business meeting.

Brian S. is transitioning in as this Regions' newly elected Delegate; therefore, I have asked him to report on the August Plain states zonal Forum, and the Multi-States Service Symposium he attended in September.

#### **WORLD Service:**

The Draft Minutes of the 2016 World Service Conference were added to the na.org website on 9/8/2016. These can be reviewed at [www.na.org/Conference](http://www.na.org/Conference). The World Board was to have a Board meeting in September, and test the new Issue Discussion Topic workshops at the Multi-Zonal Service Symposium and the Canadian Assembly. They will post them to the na.org website as soon as possible, so they are available as workshop topics for Regional Assemblies and Area Workshops. As of this writing, they are not yet available.

NA's new Traditions workbook, "Guiding Principles: The Spirit of Our Traditions" is now available for purchase from NAWS at a cost of \$11.00 dollars for both hard cover and soft cover.

#### **REGIONAL Service:**

Brian S. has stated he wants to keep the Nebraska Delegates News Page on Facebook, up and running, to allow him to get immediate information to the Nebraska membership. RCM's should report to GSR's to review the membership list on that group page, and request membership additions and/ or subtractions to the group page. I plan to keep myself available to Brian to assist him with anything I can.

Members of the Nebraska Region serving as an Alternate Delegate and Regional Delegate is an honor, a great way to meet NA members from around our region, around the world, and develop a greater understanding of addicts from very different backgrounds and experiences. This is your opportunity to step up and give back to the fellowship that saved your life, in a service position that will change your life. Please consider accepting a nomination to become the Alternate Delegate. You have a good teacher in Brian. He is a seasoned Regional Delegate. And if you are not able to serve in this capacity, please, please consider serving this Region in one of the other positions that are open.

When I began this journey, as the Alternate Delegate, then consequently the Regional Delegate, I was nervous and not sure I could possibly do half the job my predecessor had done for this region. I prayed about it, I talked to my Sponsor about it, then I had to just put it in my Higher Power's hands and trust that he would show me the way. This my last report as your Regional Delegate. Let me take this opportunity to thank those who expressed their full support of me during some tumultuous moments. Thank you to those who challenged me. It motivated me to do a lot of research in order to give you informed responses. I learned a lot from you. And mostly, I thank this entire Region for showing your confidence in me, and allowing me this opportunity to serve you. God Bless You Diana K., NA Member.

#### **Alt. RD Report:** Hi Family,

I have attended 2 events since last region. The Zonal in Lincoln NE., August 26-28<sup>th</sup> 2016. There was a PR presentation to professionals on the 26<sup>th</sup> and workshops throughout the day on the 27<sup>th</sup>. On the 28<sup>th</sup> the business meeting was held. The Zonal Sponsorship behind the walls project is moving forward. Amanda is here to explain more about that project. **(Amanda was given floor to explain the project and all it entails please see the flyer at the end of this document that goes with her presentation.)**



# NA SPONSORSHIP BEHIND THE WALLS-

a new project of the Plains  
States Zonal Forum (PSZF)

## **Overview:**

- The PSZF includes Best Little (mostly Northwest Texas), Iowa, Mid-America (mostly Kansas), Nebraska, OK (mostly Oklahoma), and South Dakota Regions
- Project was proposed in 2015 and approved in fall of 2016
- Currently the workgroup is forming to work on guidelines, elect positions within workgroup, seek and organize volunteer sponsors, contact prison facilities within our zone, and get the project going!
- The step writing will be conducted through mail writing between NA members within our zonal regions who will sponsor addicts seeking recovery who are currently incarcerated in correctional facilities located within the PSZF regions who want to find a new way to live.

## **Purpose:**

**To carry the message of recovery to the addict who still suffers behind the walls and allow them to experience the miracle of recovery and a new way to live through the 12 steps of NA, despite their limited access to Narcotics Anonymous and sponsorship while incarcerated. To efficiently utilize limited human resources within region members and provide a wider range of service opportunities to members of PSZF regions.**

## **How you can help:**

- With your help, addicts can seek freedom from addiction by working the 12 Steps, even while they are behind the walls
- **We are looking for the following volunteers:**
  - **Workgroup members**
    - various positions will be needed
    - craft guidelines, budget, etc
    - Regional liaisons
  - **Volunteer Sponsors** to work the 12 steps of Narcotics Anonymous with incarcerated sponsees via mail letter-writing. Sponsor anonymity will be maintained.

**Connecting addicts in prison with sponsors by mail  
and we need your help!**

**Contact us at [sbtw@pszfna.org](mailto:sbtw@pszfna.org) for more info or to volunteer**

Our next Zonal meeting will be held in OK region Sts. Grove Camp Glencove OK, Feb 3, 4, & 5 2017 at a cost of \$50.00 dollars. I also attended the MZSS in Milwaukee. It was a weekend full of workshops. I tried to attend the ones I felt would help me best serve our region. IDTS being new were really good and I believe our fellow ship could benefit from these topics such as the Atmosphere of recovery in service. Another workshop I attended was about restructuring how we do the car and business at WSC I really hope our region takes part in this process and we have some of these workshops. All of the workshops are available online at MZSS.na.org but as of yet I can't access them. I'm not a very tech savvy person. I am getting better though. Thanks to NA financials are the Zone in Lincoln was \$313.13 dollars and Milwaukee cost \$600.20 dollars. I have statements and receipts. I am turning into treasurer leaving a balance of \$23.03 dollars in Alt RD account. ILS Brian S.

**4:03 PM BREAK**

## **4:26 pm Sub-Committees:**

**NRCNA XXXIII:** NRCNA 33 reported 300+ registered for the convention and we only gave away 22 free registrations. I am handing over a pre-check for \$2500.00 dollars to region today and we will have more later after PayPal clears out into our bank account. I would love to talk to NRCNA 34 committee and tell them some things we discovered that would help them with next years' convention. The convention was a smash and I am grateful to have had the opportunity to serve as your chair for NRCNA 33. ILS, Gaylan S

**NRCNA XXXIV:** No Report however dates have been set for October 5, 6, & 7 2017 and they did have 107 pre-registrations at the end of NRCNA 33.

**General Assembly:** CBDM presentation and training.

Amanda and Brian presented CBDM and explained the process of how it works in detail. Our region had voted last time to move towards CBDM and this training was to help facilitate that move. There was a good group in attendance and everyone interested to learn the process. ILS Brian S, & Amanda M.

Outreach- open

Policy: Open

IT/ Meeting List Report: Hello Family & Thanks for the opportunity to serve. Not much to report getting the hang of the website. Please continue to send any activity flyers. Also any suggestions for changes to site are welcome. Thank you to Dick T for his help in getting used to the structure of the website. I was unaware of new corrected Region Minutes, as they were not sent to me. So unfortunately they were not posted on the website with the corrections. The minutes on the website were incomplete. If you have changes to your meeting times, places, or dates please send it to both the Nebraska Regional website <http://www.nebraskana.org> and the WSO website <https://www.na.org>. Thanks ILS Sam.

Archives: Hello family,

I'm Dick T. We had the NRCNA 1 banner restored and printed on a 2'x5' banner at a cost of \$50.00 it was at NRCNA 33. Also we would like to investigate having some of the other banners resized we will have that report at the next region. I turned in a receipt to Shane for \$302.40 for the storage unit for 1 year.

In loving service

Dick T. Kearney

Meeting List Report:

Hello family,

We printed 1500 meeting list at a cost of \$75.00 I would like to thank Monica for all her service.

In loving service

Dick T. Kearney

**H & I:** Hey Family,

For H & I our areas that are here today seem to be doing well across the board. EVANA, Great Plains, Central, ENNA, & Columbus were able to bring a report to the subcommittee. EVANA is doing well. Great Plains is doing well, as are Central and ENNA. ENNA is working on getting more participation from their area. Columbus needs support with H&I particularly from women. Contact Dino for more information if you would like to help Columbus out. Fremont & SENNA were not able to attend and give H & I reports. The majority of discussion concerned the possibility of streaming the Sunday morning Close Encounters speaker into different correctional facilities in our region. To begin with a flyer will be made for the panel chairs to present to facilities so we can get the ball rolling. Mark B will be the point of contact for this. **(See flyer below)** Close Encounters is only 4 months away so it is important for H & I leaders to be diligent with this. More will be revealed. Gratefully in Service, Tera N. (proxy for Doug)

# NA Live Audio Link

We want to create a live link from as many correctional facilities in Nebraska and the surrounding communities as possible to the Sunday morning main speaker at the Close Encounters of the Clean Kind Convention of Narcotics Anonymous. We are working on developing the type of media we would use and need input from our facilities.

Current options are:

- Skype (internet or phone)
- Go To Meeting (internet or phone)
- Mixler (internet connection)

We need to know which media works best for the most facilities so as to accommodate as many as possible. We also need your input as soon as possible to ensure adequate time to set up all our links.

DATE: Feb. 26<sup>th</sup>, 2017

TIME: 9:00 AM

Questions & Input can be directed to:

Dick T. 308-440-8587

Mark B. 402-880-5424



**PI:** Hello Family, The PI subcommittee met today with myself and Sam from SENANA present. I also received a report from EVANA and updates from Great Plains and ENNA. In North Platte they have been getting meeting lists into probation offices, counseling agencies and the men's and women's half way houses. ENNA is working on checking on and updating literature racks at various organizations. SENANA has a new PI chair Welcome Sam! They have started the process of getting Basic Texts in the Lincoln high schools. They have approval from the school board and the books. They just need to figure out distribution. There was a professional presentation at the zonal forum in Lincoln. The attendance was very small but the feedback and questions from professionals were great. The PI subcommittee in ENNA is looking for a new place to meet. In EVANA there was an interactive PI presentation at the hug up function in September on the 17<sup>th</sup>. They also had a table at an area recovery rally. They gave away several IP's and intro guides as well as 3 Basic texts. They are also getting Pull tabs & meeting to organizations and are working on getting them into dentist offices in the area. Thanks for letting me serve. ILS Tommy N.

## **Old Business:**

Motion 1: To cancel \$350.00 budget for IT. Have the treasurer pay for the website yearly.

Intent: To keep the budget safer.

Financial Impact: +\$220.00 Submitted by: Dick T 2nd Deborah T (**5-for/0-against/2-abstentions motion passed**)

Nominations made last region to be voted on were:

1. Dean B. for treasurer (**5-for/0-against/2-abstentions nomination passed Congratulations Dean!**)
2. **Congratulations Amber!**

\*Kirby took full authority for the secretary vote decision\*

## **Nominations:**

### **5:27 PM BREAK**

## **5:43 PM General Discussion(open forum):**

1. Amanda wants to know if we want to host MZSSNA in 2018. Consensus was yes, she will talk to the work group for MZSSNA and let them know.
2. Diana has extra funds left from her trip to MZSSNA and wasn't sure what to do with them. Multiple discussions and the answer supplied was to return those funds to region.
3. Dick with Archives was supposed to get 2 shirts, 2 mugs and all the paperwork from NRCNA 33 and he did not receive them so he requested them from the chair of NRCNA 33.
4. IT wondered if there was a suggestion as to how long a meeting has to have its doors open to be put on the meeting list for Region. Multiple discussions and the answer given was no there is not time frame as each group is autonomous and makes that decision on their own.

## **New Business:**

**Motion 1:** Great Plains area put forth a motion that they would like to hold NRCNA XXXV October 5,6,7<sup>th</sup> 2018 in North Platte, and they would like Deborah T to be their chair.(bio included below) (contract proposal synopsis will be included at the end of the minutes) (**TAKE BACK TO GROUPS**)

### **NRCNA XXXV CHAIRPERSON BIO:**

I am an addict my name is Deborah T.

I have 8+ years clean.

I have a sponsor, I work steps, and I have sponsee's that work steps.

I have been of service in NA my whole 8 years clean as chair, treasurer, and H & I.

I am currently RCM for the Great Plains area.

I have a former convention chair that is part of my home group that is willing to mentor me thru this. ILS Deborah T.

**Motion 2:** to form a workgroup to set guidelines to help us move towards CBDM and make things easier. 70% majority needed for decisions passed at last region. Vote was yes for the work group they will meet November 1<sup>st</sup>/December 1<sup>st</sup> 2016.

**Motion 3: From Treasurer:**

Proposal: One-time payment of \$100.00 dollars for a year subscription to QuickBooks online.

Financial Impact: \$100.00

Intent : To ease the burden on treasurer by allowing finances to be managed by a cloud service that does not require a laptop and a printer to be hauled to Region (PDF reports can be generated and emailed to everyone, including the secretary), as it can be done on a cellphone or tablet. This decreases the technology, physicality, and financial burden on the treasurer. It also increases transparency by allowing a hosted service to track our finances, to which other committee members can log in and bank reconciliation can be done automatically from any cell phone. This will be a 1-year Trial, so if it works it can be made part of the budget next year. For now however we are only asking for enough for a 1- year trial. The monthly cost after that should we choose to continue will be based off of our determined needs at that time. (**TAKE BACK TO GROUPS**)

1. Website does not have a specific section for zonal content. Sam from IT would like to know if we want a spot for that added to the website. Decision after discussion is to let Sam do what Sam does and make the website what it needs to be.

## **TAKE BACK TO GROUPS**

### **Nominations:**

Tommy N for PI Chair. Since he is already in the position no bio is needed. **(TAKE BACK TO GROUPS)**

Monica T. for Vice Chair of Region. **(Bio included)**

For the October 2016 regional minutes

Nomination for Vice Chair

Bio Monica T., Kearney NE

Clean date 2-5-1984

Currently am GSR at my home group, do jail meetings twice a month at Buffalo County, am on the regional meeting list committee and am the interim secretary for our area. I feel comfortable with this nomination, as have been attending region meetings for a few years now, just can't seem to stay away!

I talk to my sponsor regularly, have worked the steps many times, {currently in a set of steps}. Have studied and continue to study and use the traditions in my life. I have working knowledge of application of the concepts. I sponsor ladies, support my home group and attend 2-3 meetings a week.

Previously I have been honored to be the Chair for NRCNA 30, Registration Chair & on merchandise committee for NRCNA 24. For our Area I have served as, Secretary, H&I as Jail Liaison, Literature, Meeting Chair, the committee that formed Great Plains Area, and many event committees throughout my recovery.

I started doing service work in early recovery, in Colorado at Group & Area levels; setting up for meetings, secretary, treasurer, H&I committee, Literature committee. Was privileged to be a part of CRCNA 1 and a member of the committee that formed Pikes Peak Area.

Thank you for your consideration and Loving Service.

**VICE-TREASURER, ALT RD, OUTREACH, POLICY, PI, VICE IT, H&I POSITIONS ARE OPEN FOR NOMINATIONS, PLEASE SUBMIT BIO AT NEXT REGION**

**Be sure to check Third/Fourth Quarter scheduled timeline for Nebraska regional guidelines**

**Next NRSC January 14th, 2017**

**Giltner**

**General assembly will be CBDM policy review to start at noon**

Motion to close ENNA 2<sup>nd</sup> Freemont consensus passed.

**Come out and  
support a brand  
new NA meeting**



**“Turning Point”**

Hebron NE

Saturday 8:00 pm

145 s. 4th



Open meeting wheelchair accessible