

Nebraska Regional Narcotics Anonymous Quarterly Meeting October 13th, 2012

Opening:

Wanda G. opens with a moment of silence followed by the Serenity Prayer.
Kim R. reads the 12 Traditions.
Dustin S. reads the 12 Concepts.
Wanda G. reads the Purpose.

Roll Call:

Chair – Wanda G.
Vice Chair – Rocky S.
Treasurer – Kevin C.
Secretary – absent (Jenny H. filled in)
RD – read by Doug P. for Mark B.
Alt. RD – read by Gene for Diane B.
Regional Committee Members and Alternate Regional Committee Members:

Area 12 – Don J.
Central Area – Kim L. (new Hot Line #308-389-4080)
Eastern Valley Area – Ralph H.
Elkhorn Valley Area – Dustin S.
Fremont Area – absent
Great Plains Area – Kirby Z.
Platte Valley Area – Bernie W.
New Beginnings Area – absent
Southeastern Area – Kim R.

Sub-Committee Chairs:

Convention Sub-Committee 29 – Brian S.
Convention Sub-Committee 30 – Kirby Z.
General Assembly Sub-Committee – Wanda G.
H & I Sub-Committee – Daryl W.
Outreach Sub-Committee – Paul M.
Policy Sub-Committee – open
Public Information Sub-Committee – Dusty L.

Visitors:

Jenny H., Gene, Traci, Mark, Terry, Corrine, Greg, Suzan, Jamie, Doug.

Minutes:

No minutes to approve.

Treasurer's Report:

Hello fellow Addicts. My name is Kevin C. and I am your present Regional Treasurer. As this will be my last report and regional meeting as your treasurer, I would like to thank you all for allowing

me to be of service for you. It has been an interesting 4 years and change of service. And it is time to move on.

I will have a full print out of business done for my time in service for the audit of this body. Also I have all records, bank statements, blank checks and online banking info to pass on to this body and new treasurer. I have also decided to donate the lap top and printer that I have been using while serving as your treasurer. It has all the software needed to keep track of our finances. Plus a back up thumb drive. I feel these should only be used for NRSCNA business and not for playing on the internet short of getting online bank statements. It has an antivirus but it is not current. Safe enough to go to the bank site though.

Now for business, I have the forms for all the new signers for the NRSCNA checking account. That will be the Chair, Vice Chair, Secretary, and Treasurer. You will need a copy of a photo ID and fill out the form and then it needs to be turned in to Union Bank.

We are starting out this Region meeting with \$8,846.96 in our account. So let the party begin.

Thanks again for letting me be of service,
Kevin C.

7/31/12						\$8,846.96
Balance						
10/13/12	dep	EnNA	7/22/12	Area Don	ENNA	\$85.00
			9/23/12	Area Don	ENNA	\$7.93
10/13/12	dep	NRSCNA 29	Partial R..	Convention	NRCN..	\$5000.00
10/13/12	dep	Hug Up Group	4 th ¼ 2012	Group Don..	Hug U..	\$50.00
10/13/12	Dep	Sunday Noo..	4 th ¼ 2012	Group Don..	Sunda..	\$40.00
10/13/12	Dep	Thursday Da..	4 th ¼ 2012	Area Don..	Thursd..	\$40.00
10/13/12	Dep	Sunday Morn..	4 th ¼ 2012	Group Don..	Sund..	\$16.00
10/13/12	Dep	Happy Havel..	4 th ¼ 2012	Group Don..	Happy..	\$50.83
10/13/12	1083	EvANA	4 th ¼ 2012	RSC	RSC	(\$50.00)
10/13/12	1084	Mark Beck	4 th ¼ 2012	RSC	RD & ..	(\$600.00)
10/13/12	1085	Philadelphia..	2012/2013	RSC	RSC I..	(\$1697.00)
10/13/12	1086	Darryl Wilhel..	4 th ¼ 2012	H&I	H&I B..	(\$300.00)
10/13/12	1087	Dusty Lord	4 th ¼ 2012	PI	PI Bud..	(\$100.00)
10/13/12	1088	Apollo Storage	4 th ¼ 2012	RSC	Storag..	(\$75.00)
10/13/12	1089	Void	4 th ¼ 2012	PI		0.00
10/13/12	1090	Dusty Lord IT	2 nd , 3 rd , &..	Infor..	Infor..	(\$243.00)
8/1 to 10/13						\$2,224.76
10/13/12						\$11,071.72
Balance						
		Total Inflows				\$5,289.76
		Total Outflows				(\$3,065.00)
		Net Total				\$2,224.76

Treasurer's report was reviewed, no corrections, and approved. VOTED AND PASSED.

Area Reports:

Area 12: Hi Family,

All's well and life goes on. ILS, Don J.

Central: Hello Family,

There has been a new meeting started Tuesdays at 6:30 at the corner of Eddy & 9th. The Oxford House Halloween Dance is October 27th. The Howard Johnson Holiday dinner and dance is November 10th at the VFW.

We would like to bid for NRCNA 31.

Our area positions struggle. Hopefully, with the months coming this will change.

The new Hot Line phone number is 308-389-4080. ILS, Kim L.

Eastern NE: no report turned in...

Elkhorn Valley: Good Afternoon Family,

EVANA's meeting attendance has been struggling a little bit in certain meetings. I know the Sunday WHNA group could use some support along with the Wednesday Candle Light meeting, Saturday Text Study group, and the Link House meetings. In addition, Wayne and O'Neill are in need of support as well. A lot of it has to do with addicts in our area looking to strengthening their education as to why attendance is down. In August, EVANA held our annual day in the park (which was also our NRCNA fundraiser) which turned out to be a great time. I would like to thank all of you that came out to support the function. In September, the Hug Up group held a celebration for their meeting being alive for the last 18 years. In addition, tonight, after the business meeting we are having a speaker at 6:30 pm and EVANA's masquerade ball with karaoke starting at 8 pm. Donations of \$50 will be donated to region today. Thanks, ILS, Dustin S.

Fremont: no report turned in...

Great Plains: Greetings Family from Great Plains Area of Narcotics Anonymous,

Well, in our area we have a \$40 donation from the Sunday Noon meeting and a \$40 donation from the Thursday Day by Day group. ILS, Kirby Z.

New Beginnings: no report turned in...

Platte Valley: Greetings Family,

Meetings in McCook and North Platte continue with 5 to 10 attendees. We continue to carry the message "Bridge the Gap" to Norton Valley of Hope. And plans are being made for the Annual Chile Feed Fund Raiser in February. ILS, Bernie W.

Southeastern: Hello Family,

I'm Kim and I'm an addict. SENANA as always continues to do well. My sincerest apologies: I did forget regional mail. I will pick it up tomorrow. Kevin C. did say we could have received the insurance bill. I will get this bill to the appropriate person to get paid.

I have a \$16.00 donation from Sunday Morning Reflections and a packet of Activity Events coming up in our area. We will be hosting the next RSC meeting in Lincoln on January 12th, 2013. The flyer is in your packet for all info.
ILS, Kim R.

RD Report: Greetings Everyone,

We have a bit of information this month so I will get right to it. First of all Diane and I were in Kansas a couple weeks ago for our Zonal meeting. I won't go into a lot of detail on this; I have to leave something for Diane to do. However it was a very productive weekend with a few new ideas coming out that I believe we can put to use as a region. And of course neither of us is present due to our participation in the Western Service Learning Days this weekend.

With the information gathered from these two events we plan to be much more proactive within our region in the near future. I implored the body to utilize us last quarter to no avail. Thus I believe that we need to take more of hands on approach with the areas. By this I mean we will resume are visits to your ASC meetings. If the information isn't being transferred back to your areas by the RCM's than we will show up ourselves. Hopefully we can generate some interest in the things going on the NA as a whole. The following is a list of some of those items and some general information to boot;

- Living Clean; The Journey Continues is now available to purchase. Gift editions will be out in December.
- www.na.org has launched the new web site along with a mobile friendly version with an app for JFT and a meeting locator
- The Basic Text, Sponsorship & It Works are now available on line at Amazon and iTunes
- Service System; The WSO is looking for groups, areas and regions to field test some of the ideas we approved at the last WSC. If you're interested contact the WSO at worldboard@na.org
- Other projects slotted for this cycle include the frame work for the Traditions Workbook and also for "An Introduction to NA Meetings"
- WCNA our 60th Anniversary will be in Philadelphia next year with the theme The Journey Continues
- NAWS is doing webinars on conventions, PR & H&I. If you are interested in participating send your info to events@na.org
- The new information discussion topics for this cycle have been released. More info on this to follow. But they include Group Conscience, Delegation, and Accountability; Collaboration (Principles Before Personalities); and Supporting Our Vision

Well that's about it for this quarter. I'm sure we will have a ton more after our weekend at WSLD. I was wondering where the minutes were from last quarter. I'm also including a copy of the check register for the RD/RDA team's funds. Thank you for allowing me to serve.

ILS, Mark B.

7/01/11	Deposit	Regional Funds		\$900.00	\$900.00
10/01/11	Deposit	Regional Funds		\$1370.00	\$2270.00
1/21/12	Deposit	Regional Funds		\$800.00	\$3070.00
1/21/12	Cash	Dusty L. 10 copies of CAR	\$30.00		\$3040.00
1/21/12	Debit	Projector for Region	\$222.48		\$2817.52
2/10/12	Debit	Projector Screen	\$139.09		\$2678.43
2/12/12	Debit	Gas-Columbus Area 12 Wksp	\$53.00		\$2625.43
2/06/12	Debit	Zonal-Gas, Food, Hotel	\$349.71		\$2275.72
3/04/12	Debit	Gas-SENANA & EVANA cars	\$76.02		\$2199.70
3/09/12	Debit	Plane Ticket-Diane B.	\$310.90		\$1888.80
3/30/12	Check	Cash-Expenses-Diane B.	\$800.00		\$1088.80
3/31/12	Deposit	Regional Funds		\$250.00	\$1338.80
5/06/12	Debit	WSC Hotel-Diane B.	\$966.44		\$372.36
5/06/12	Debit	Car Rental-transport to LAX	\$75.13		\$297.23
7/13/12	Debit	Office Max Copies	\$42.85		\$254.38
7/12/12	Deposit	Regional Funds		\$900.00	\$1154.38
9/21/12	Debit	Airfare-Denver WSLD	\$238.10		\$916.28
9/28/12	Debit	Hotel-Zonal Salina-Mark B. & Diane B.	\$298.68		\$617.60
9/30/12	debit	Fuel-Zonal x 2	\$125.00		\$492.60

Alt. RD Report: Hello Family,

RD Mark B. and I are attending the Western States Learning Days in Denver this weekend, so we are unable to attend the NRSC this quarter.

Both of us attended the Plains States Zonal Forum in Salina, KS, on September 29-30. Saturday was filled with workshops. The topics were: "Inspired by Our Primary Purpose", "Planning Basics", "Communication and Collaboration", and "Consensus Based Decision Making and Our Group Conscience".

In the first session we formed workgroups to identify ways to overcome the current environment of apathy (lack of interest to get involved) within our fellowship. We identified ideas for attracting and keeping newcomers and inspiring members to be of service. Our common Solutions were: keep it fun, don't be so rigid in group and service settings; get newcomer's phone number and call them; celebrate – have monthly birthday nights; follow through with commitments and set examples; change our language away from "service work" so it doesn't sound like it's a chore (i.e. "service opportunity", "service commitment", "service is spiritual principal", etc...), call newcomers and invite them to attend business meetings with you, but don't railroad them. We all agreed that a banner posted in our meeting halls and service meeting places that states, "SERVICE IS OUR EXPRESSION OF GRATITUDE", might help to inspire some of our members.

The Communication and Collaboration workshop discussed ideas such as using SKYPE to allow members (RCM's, GSR's, and any member interested) to participate in RSC meetings when travel isn't possible. The Iowa Region uses this tool at the cost of \$10/month. It can also be

utilized when we want someone from another Region (from anywhere in the World) to share their ideas and experiences on different topics with our Region.

In the Planning Basics session, we discussed Group, Area, and Regional inventories and planning. A good resource is the PLANNING BASICS booklet that is available from WSO.

The PowerPoint for the Consensus Based Decision Making (CBDM) session was very good. Without going into great detail, since I'm not available to explain further, we have the PowerPoint and tools available to us to provide our Region with a presentation. If this body would like this to be a topic for the next or future General Assembly, Please let Mark B. or I know. Some Regions are already using this, and we practiced with some mock proposals to get a feel for how it works, and the general consensus was that it goes smoother than using Motions and Robert's Rules of Order.

At the Zonal Business Meeting on Sunday:

- Fellowship apathy and ideas for engaging the fellowship were discussed during Open Forum
- **Old Business** – Zone's participation in the 2012 Consortium on Gambling and Substance Abuse was a success, so the proposal to participate in the 2013 Consortium was passed
- **New Business:**
 - The World Service Board had requested Area's/Regions to try out some of their ideas for the Services Structure Proposal (SSP), but nobody has volunteered in the plains States Zonal area to date.
 - South Dakota, Texas and Iowa are moving forward to Consensus Based Decision Making (CBDM)
 - Our Zone wants to present a video of events in the different Areas/Regions, at the 2014 World Service Conference. **THEY ARE ASKING EACH AREA/REGION FOR PICTURES OF EVENTS AND POSTERS. Please send all photos to Barry at photos@pszfna.org.**
 - The Plains States Zonal website www.pszfna.org will be revamped by next Zonal to include shared presentations and links to NAWs presentations, include a Volunteer Forum to get volunteers for workshops, etc..., and the history of the Zone. Members will be able to access "test.pszfna.org" to see the development of the new website.
 - Possible Midwest Learning Weekend was discussed. Mark B. suggested we table this until we attend the Western States Learning Days to allow us to network with other Zones and see what is involved and **see if our Regions are interested.**
- **Nomination and Elections** – The following members were elected:
 - Facilitator – Cindy B., OK Region RDA
 - Treasurer – Mark B., NE Region RDA
 - Secretary – Diane B., NE Region RDA
 - Web Servant – Joseph H., Best Little Region, TX RDA
 - Public Relations Coordinator – Amanda M., IA Region RD
- Literature that was donated by WSO to our Zone for Tribal Outreach in South Dakota in 2006 was not distributed due to lack of interest by the SD tribes. Each Region received a box of literature to use it as they see fit. **Our Regions need to decide how it is to be used.**

- WSC is looking for nominations for World Board Members, Human Resource Panel (HRP) and Co-Facilitators, in the 2014 elections. Service resumes must be submitted by 10/13/2013 to the World Board HRP.
- Oklahoma Region proposed to host the next Zonal forum in late January/early February, 2013, at a church camp near Stillwater, OK. **The Nebraska Region is scheduled to host Zone in September, 2013.**

I have highlighted the issues our Region needs to discuss. That is all for now folks. Thank you for bearing with me in the lengthy report. Service in my expression of gratitude! Thank you for allowing me to serve this fellowship. Diane B., RDA

SUB-COMMITTEES

General Assembly:

General Assembly was attended by 12 members by 7 different groups. All participated in discussing their group issues and helped review the beginning of the policy. This work on the policy shall continue in Lincoln on January 12th, 2013 at Trabert Hall, starting at 10:30 am. ILS, Wanda G.

H&I: Hello Family,

Darryl, addict and H&I Regional Chair. First of all, I would like to say that I am sorry that I could not make it to the last Regional meeting and function that I always look forward to it every year. I was hospitalized for a week during that time. I would like to thank H&I Vice Chair, Mark A., for stepping up to the plate to handle H&I affairs and he did a very fine job. I am so grateful to be back and see everyone.

Not all of our area's H&I chairs are here today, but I do have reports from 7 of the 9 area H&I chairs. From the reports that I do have, we are going into 30 facilities. And I do know that that number is higher.

We are happy to announce that EVANA will be doing a 3 hour workshop at the district probation office for probation officers and drug court in conjunction with PI. There will be an H&I training in Lincoln on December 1st at the Unity Room.

I would once again like to give high regards for EVANA area for taking H&I meetings into 13 facilities. New Beginning area is working on taking H&I meetings into Central City Jail for Women. Central Area is still in need of women to be trained.

I am glad to be back. Thank you for letting me be of service. ILS, Darryl W.

Outreach: Hi Family,

I'm Paul, an addict. At the last Regional meeting, Dusty, our IT Chair, talked about meetings that are not on the meeting list. On the Sunday following the Regional meeting in July, Mark B. and myself visited a meeting in Holdrege, NE and collected information on Holdrege meetings and passed that info on to Dusty L. so she could start that process. Also today Kim from Central Area passed me information on a new meeting in Grand Island at the Oxford House in the

basement: 1910 West 9th on Tuesday's at 6:30 pm - Open - Name: Solutions to Chaos. I gave Kim a starter kit for that group. That leaves Outreach with only 3 starter kits available.

We need to survey area's newcomers at Regional meetings. Trophy presentation directly after Regional meeting, so please do not leave. Thank you. ILS, Paul M.

NRCNA 29: Hi Family,

First off, I would like to thank everyone who attended NRCNA 29. Sorry for all those who got sick. And I am so grateful that you all gave me the opportunity to serve the NA Fellowship here in NE. I would like to ask that all who attended the convention whether you got sick or not to fill out the survey that the Health Department asked us to fill out by 10/14/12 at 9 pm. You can find it on my face book or Susan's face book pages or contact them at 402-462-6211, or Shelly or Jessica.

I want to thank the committee for all their hard work and commitment to NRCNA 29 and all those who helped behind the lines. Now for the financial part. We brought in \$7,158.32; paid the motel \$148.10 for rooms; \$1,566.37 for coffee and expenses and convention center; leaving \$5,472.04. We sent \$5,000.00 back to the Region and will take care of the banner expenses that we auctioned off. We will close the account so we will bring anything left in January when we do the books as per policy. ILS, Brian S.

NRCNA 30: Convention Report

Next meeting is October 21, 2012 at 1:15 pm in Kearney, NE.

Sold 30 pre-registrations on October 7th, 2012. Opened a checking account through Exchange Bank of Kearney. A P.O. Box has been opened, but information concerning it will be forwarded at a later date. Talked to IP Chair, Dusty, about adding a link to the left side of the NE NA website that will give info, with monthly newsletters, up to date registration forms, and hotel info. Theme and logo will be finalized at 10/21/12 meeting. Banquet will be semi-formal and buffet style. ILS, Kirby Z., Proxy

Old Business: none as there were no minute to go from...

Open Floor: Brian S. has floor – banner discussion:

- The most damaged ones were disposed of. Brian wants to preserve banners – save our history!
- Banners that were auctioned off would like to have made into 4x4 to hang on walls.
- Buy PVC pipes with caps to protect banners. Approximate cost is \$200.00.
- We already make 2x3, Brian wants bigger ones for this year's banner.
- Rocky liked the PVC pipe idea, as well as the bigger idea.
- Brian says we should look into NOT selling them.
- Ralph expressed that major convention centers charge to hang them. Also that vinyl does not decay and is easier to manage and take care of.
- Bernie W. says that we should make extras
- Rocky commented that it should be left up to the convention committee.

- Darryl W. thinks these are excellent ideas.
- Mark W. also likes the idea not to sell the banners.
- Wanda G. asks if we need a motion.
- Don says this breaks anonymity.
- Brian will work on a motion.

Dusty L. has the floor – RCM packets & meeting lists:

- She asked if she should send them out again.
- Dusty passed around sheet needing group contact phone numbers, directions, and handicap or not, so she can mail it too.
- She wants to be sure all meetings are registered and registered with correct information.
- Dusty asked for help being sure meeting info is correct.
- EVANA has packet.
- Area 12 NEEDS packet
- Great Plains NEEDS packet
- Platte Valley WANTS packet
- Central WANTS packet
- SENANA NEEDS one

NEW BUSINESS:

Officer:

Wanda G. discussed that Kevin C. has been Treasurer for a while. Rocky S. explain policies regarding holding a position and the requirements. Joe W. withdrew nomination. Kevin C. will hold the position for one more quarter – until January 2013. Everyone is to back to their groups and find a possible Treasurer. Policy requirements: 4 years clean, 2 years service experience, and full understanding of policy.

- Treasurer – 3 years clean, 2 year commitment, 2 years service experience.
 - Next Quarter we need to change the clean time requirements.
 - Brian S. suggests finding an old policy.
 - Kirby Z. asks if 4 years clean is a requirement or a suggestion. Rocky S. says it is a requirement according to our policy.

Convention 31:

Dustin & Kim have proposals.

Last July proposals should have been closed. Today we will hear proposals & close them. Take back to groups.

Dustin – Bid for Divots Convention Center in Norfolk for October 3rd – 5th, 2014. Three convention rooms are available: 1 locked for merchandise, 1 for hospitality, 1 dividable for speaker & workshop & dance. 50 hotel rooms Friday night and 65 Saturday night are blocked off for \$89/night. A credit card will be needed to reserve the room and the rates will not change

regardless of meeting the block requirements. There will be a free hot & cold continental breakfast. Saturday's lunch buffet is a Taco Bar for \$14.88/plate. Saturday night's banquet is \$19.86/plate. Coffee is \$23.65/gallon. Anyone in the region that has questions about the hotel, please contact Rocky Smidt at 42-649-2967 or email at rockysmidt@yahoo.com.

Kim withdrew proposal for Central Area.

Motion 1: Suzan motioned to close bids for Convention 31.

Intent: To stop bid process for the Convention.

Financial Impact: none

Submitted By: Susan

Seconded By: Kirby Z.

VOTED AND PASSED

Motion 2: To stop selling our old banners.

Intent: The most damaged banners are gone.

Financial Impact: none

Submitted By: Brian S.

Seconded By: Kirby Z.

VOTED AND WILL TAKE BACK TO GROUPS FOR THEIR VOTE

Regional Service Positions:

Open are: Treasurer
 Policy
 P.I.

Donation:

Consensus – hold off on sending anything over prudent reserve to World until January 2013.

Eastern – Abstain

All others – yes

VOTED AND PASSED

Next Meeting:

Quarterly Regional Meeting January 12th, 2013, at Trabert Hall in Lincoln at 10:30 am.

Topic: Regional Policy

Motion To Close:

Submitted: Area 12, Don

Seconded: Great Plains, Kirby Z.

Minutes compiled and typed ILS, Jenny H., Rocky S., and Pam P.