

Nebraska Regional Minutes October 10, 2009  
Grand Island, NE

The meeting was opened with a moment of silence followed by the Serenity Prayer. Wanda read the Twelve Traditions. Kirby read the Twelve Concepts. Ruth S. read the Purpose.

The following members were present:

**Executive Committee:**

Chairperson: absent

Vice Chair: Brent L

Treasurer: Kevin C.

Secretary: Susan S.

RD: Mary R

Alt. RD: Pat W.

**Areas:**

Area Twelve: Wanda

Central NE: absent

Eastern NE: Mark B.

Elk Horn Valley: Mark W. RCM

Freemont: Gaylan S RCM

Great Plains: Kirby Z. RCM

New Beginnings: Paul M. RCM

Platte Valley: Absent

Southeastern NE: Kimberly M. Alt. RCM

**Sub-Committees:**

H & I: Jerry W.

Outreach: Gary D.

PI: Mary R

Policy: PonyBoy

NRCNA 26: absent

NRCNA 27: Burt

General Assembly: Brent L.

Brian S.

**Visitors:**

Brian S

Cody

Dave

Karen

Dusty

Tom

April

Eric

Marty

Cat

Rick J.

John

John

Wendy

Darrell

**Secretary:** Motioned by Wanda 2<sup>nd</sup> by Mark B. to accept July minutes. Voted and **Passed.** \$51.96 receipts turned in for July Min. from Secretary and reimbursed by Treasurer.

**Treasurer's Report:** Report attached. Kevin

**Area Reports:**

**Area Twelve:** Hello family. All is well in Area 12. We have been having some growing pains, along with changes, but since this is a God given program with God sent people, all will be well. We have a nomination for Vice Char of Region, I will give you my Bio. In loving service, Wanda G.

**Central:** absent

**Eastern NE:** , Hello Family, Greetings from The Eastern Nebraska Area. Things are kind of quiet in our area right now as we start to get geared up for the holiday season. SWINA will be hosting the Halloween Dance this year but we will be having our annual

Thanksgiving dinner as usual. Also we will be hosting the New Years Eve dance this year. All of this information is available on our web site. Some of the other things we have going on a regular basis are bowling the 2<sup>nd</sup> Fri. of every month and Frisbee golf every Sat. morning. Also let's not forget about Close Encounters. The dates for this /next year are Feb. 26-28. All of this info is also available on our web site. Our meetings continue to do well with good attendance and a steady rise in numbers. We currently have 29 groups with approx. 42 meetings per week. And as always we still have a need for trusted servants but somehow the services continue to be provided and the work is getting done. That's about it from Eastern. ILS, Mark B. and ENNA

**Elk Horn Valley:** Hi Family. All is going well in Elkhorn Valley. We have NRSC donations totaling \$300.81. There is \$225.81 from the Area and \$75.00 from Easy Riders Group. We have had more newcomers show interest in service and even start to participate. We would like to thank everyone that attended our Day in the Park and have a Masquerade Ball tentatively scheduled for November 7. Thanks for being part of our recovery. In Loving Service, Mark W.

**Fremont:** Hello family!!! What an exciting time to be clean in N.A. First, I would like to thank our Regional service members for the privilege of hosting this meeting also to all the H&I junkies who attended the workshop/learning day in Aug, and our H&I chair for his help in making it a success! To SENNA, and all the NRCNA 26 convention members, what an awesome time!! Thank you! NRCNA 27 committee is now forming, and is meeting the third Friday of the month at Good Sheppard Church (1440 E. Military, Fremont) at 7:00pm. You can preregister today after this mtg., already we have pre registered 48 and sold 50 plus got hope: Fundraiser shirts. We have started bi monthly H&I meetings in Saunders Co. jail and so far have had members from 3 Areas participate. I had a spiritual awakening of sorts last Wednesday at a meeting in a halfway house in Winnebago, NE. There were 22 addicts there. 3 were residents, the rest were from 5 different cities, 3 different Areas, 2 Regions, and 2 States!!! POF donation of \$51.97 and FASC donation of \$50.00. Thank you all for being part of my life, Gaylan S. RCM

**Great Plains:** Greetings family from Great Plains area of Narcotics Anonymous. Things are weak in our Area and meeting attendance is good. We have a \$40.00 donation from the Sunday Noon group and the Thursday Day by Day group and Convention was excellent. In loving service, Kirby Z.

**New Beginnings:** RCM Report: Our area is doing well. Not much to report. Geneva Clean Air group would like to thank our Region for your support at our 3<sup>rd</sup> Anniversary Picnic. In loving service, Paul M.

**Platte Valley:** Not represented

**Southeastern:** Hello Family. SENANA continues to go strong. We have \$87.25 in donations from Sunday Morning Reflections. NRCNA had an awesome turn out. We actually were able to have work release inmates be a part of our convention!! Flyer

packets put together by Activities committee. P.S. I did bring in votes. Groups voted for NRCNA 2011 to be in Columbus, NE and yes for Region H&I to host 2 Learning Days yearly. In Loving Service, Kimberly M., Alt. RCM

**Far Out Group:** The Far Out Group wants to thank you sincerely for your support to our meeting. The Group starter kit you gave us has already been helpful and is sure to be of great use in the future. The Far Out Group is giving a donation of \$17.60 to Region in thanks of their support of our new group. Thanks again, Far Out Group of NA, 8:00pm Wednesday, Creston, NE, smoking meeting, closed. In Loving Service, Kevin C., Far Out Group Secretary

**RD Report:** Nothing went on this quarter. Next quarter will be different. We will be going to a Worldwide Workshop and Plains States Zonal Forum and doing some CARR workshops. No money was spent. Bank account balance is \$1,000.00. ILS Mary R & Pat W.

#### **Sub Committees:**

**H&I:** Hey! First off, my apologies to all Areas as I have no Lit. At this time, it's in the mail! On the 30<sup>th</sup> of last month, I ordered \$254 of Lit from WSO over the internet and have received confirmation email to said order. Just in the mail! Also, paid \$95.87 to Food 4 Less for food and supplies/ Learning Day, \$29.56, \$7.29, and \$15.41 for copies. As mentioned before, \$254.00 to WSO for Lit, along with \$30.00 for shipping and handling. Leaving \$16.87 in bank account @ Ceresco. Receipts on hand. Today, we addressed issues of handouts for H&I Learning Days with correctional 5 Youth Do's & Don'ts to be added. Discussed live webcam @ next learning Day. Talked over when and where for next Learning day, decided to wait for Areas to respond with needs. Attempted to address request of Policy Ch. to provide H&I subcommittee Guidelines to be added to policy, several sources sited, copies to be made and discussed next RSC. EVANA reported, all is well. Facilities are consistent- Eleven total. Yankton Federal prison- visited twice. Sioux City to participate as well. At this time, we placed a 6 month moratorium in effect towards commitments. SENANA reports- no subcommittee meeting in October due to the Convention. Meeting commitments are on hold till some facilities provide orientation. NSP-NEBR. State Prison has assured me they are processing Apps. Sent institutional guide, product catalog and order form. New subcommittee Vice ch. Darrell W. Welcome. New Beginnings- York Co. Jail is only representation in area with 4-6 women 6-8 men. Took in 13 white books, 1 Basic Text, 4 white books left. Fremont reports- 10 H&I commitments a month. Started Sounders Co. corrections on Sept. 22, 2009. Presentation is not co-ed, is being handled at this time. H&I Learning day went well. Out of Lit. for facilities. In Service, Jerry W.

**Outreach:** Outreach sent out 4 starter kits to: (Fullerton, NE mtg. Sunday 8:00pm (Carla 308-550-0726) (Palmer, NE mtg. Thursday 7:30pm Lifequest Building) (Alliance mtg: Tues \*:00 pm 2101 Box Butte) (also South Central Behavioral Ctr. In Hastings, NE) All mtgs. With the exception of South Central Behavioral Ctr, welcomes your support. Forgot, Winnebago mtg. Wednesday 7:00pm 500 Maple Ave.

**PI:** Hello family, sorry I couldn't attend once again cause of work. But, I will be in attendance in January. Things seem to be going well. Have heard no complaints as of this time. Hope all is well with everyone. As usual, if you have any meeting changes, get them sent asap as well as any events. With all the new meeting and Area mailing, we are doubling the Regional meeting list. It is staying within our budget. Thanks ILS, Dagwood

**Policy:** Hello family. The Policy is on the website. It's the top one. There is also the old Policy there too if at the top says Revised in 2006, it's the old one. The website says Policy 2009. **Still waiting on the Policies for our Subcommittees PI, H&I, and Convention.** I understand that the Convention Guidelines are under review right now so hopefully when that is done, they will have the duties & responsibilities of chair hammered out. In loving service, PonyBoy

**NRCNA XXVI:** We are giving \$5,800.00 to Region today. We had over 340 at the NRCNA 26. Love, Gary DeBerg 402-796-2333 [GDEBERG1@UNL.EDU](mailto:GDEBERG1@UNL.EDU)

**NRCNA XXVII:** Hello Family. We have filled our treasurer, secretary, and registration positions. The bank account is open with the chairperson and treasurer as signers so far. P.O. Box is taken care of too. There were 48 preregistrations after NRCNA 26 in Lincoln. I am trying to get a deposit paid to Wilderness Lodge so we can start reserving rooms. Our next mtg is October 16<sup>th</sup>. 7PM @ 1440 E Military Ave. here in Fremont. Come out show your support and help us fill our positions. I don't know what I'm doing but I'm excited and things are going well. In Loving Service, Burt M., NRCNA 27 chairperson

**General Assembly:** Our topic was . "Convention Guidelines review and discussion" Brent L. and Brian S. lead the assembly. (Please excuse any mistakes or exclusions I do the best I can.) We opened w/ a moment of silence followed by the Serenity prayer. Introductions were made. Minutes were read. Review of the Guidelines were started and we found additions, substitutions, and subtractions to make. It was the consensus to continue at the next General Assembly and **START EARLY AT 10:00AM IN GILTNER. The January General Assembly will be on "Convention Guidelines review and discussion continued"** Gary motioned to close, Paul M. 2<sup>nd</sup>. Vote and passed. Closed in usual manner. Loving service, Susan S.

**Nominations and Elections: Brent L. declared NOMINATIONS CLOSED. TAKE BACK TO GROUPS**

**CHAIR- Brent L.** Brian S. nominated. Paul M. 2<sup>nd</sup>.

Resume of service for Narcotics Anonymous for Brent L. Lambley- Chairperson Sat. Night Mtg 3/01-5/02. Panel Leader NRC 5/02-8/03. EVANA H&I Chair 8/02-8/03 Chairperson Hug Up Group 2/04-11/04. Panel Leader Pierce Co. Jail 6/06-6/07. EVANA RCM 7/05-8/07. I am currently servian as the Panel Leader for the SOS panel as part of EVANA's H&I Sub-Committee and am also serving a two-year term as Vice-Chair of the Nebraska Regional Service Committee. In the last 2 years, I've helped start meetings in Wayne, NE, in the Federal Work-Camp at Yankton, SD and on the Winnebago Indian Reservation. I have worked

all 12 steps with a sponsor, and I am currently on step 12 in my second set of steps. I have a working knowledge of the 12 traditions, and have studied the Guide to Local Service. My clean date is June 23, 2000. Grateful to be of service,  
Brent L. Lambley

**VICE CHAIR- \*Brian S.** submitted by NBASC

Clean date- (6-24-97) I am actively involved with meetings. I work the steps with my sponsor. I live the steps and traditions in all of my affairs to the best of my ability

Served- Group—Alt. GSR (1yr)- Ellsworth Surrender Group  
GSR (2yr)- Ellsworth Surrender Group  
Secretary-Treasurer (1yr)- Russell Nothing to Fear Group  
H&I Panel Chair (1yr)- Russell Nothing to Fear Group  
GSR (1yr)- Russell Nothing to Fear Group  
Merchandising Chair (1 yr)- Run for Fun Annual Campout  
Treasurer (2 yr)- York Back to Basics Group  
GSR (1yr)- York Back to Basics Group  
Chair (1yr)- Run for Fun Annual Campout  
Area— Activities Co-chair (1yr)- CKASC  
Activities chair (1yr)- CKASC  
PI chair (1yr)- CKASC  
Alt. RCM (1yr)- CKASC  
RCM (1yr)- CKASC  
H&I Prison Meeting Volunteer (1yr)- CKASC  
RCM (1yr)- NEASC  
NRCNA XXI Chair – (1yr)  
NBASC Chair-(2yr)  
NBASC H&I Chair-(present)  
Region - Alt. RD (2yr)  
RD (2yr)

\* **Wanda G.** submitted by Area 12

Clean date July 20, 2003. I have worked several sets of steps and have a working knowledge of the Traditions and Concepts. I consider it my privilege to serve this fellowship, that has given me this life, and in accordance with that purpose, I have held and completed commitments in my home group as Home group chair, treasurer, Literature chair, Area Vice Chair, Area Chair, Area H&I chair, and Area RCM for Region. I sponsor women and have a love for our program. It would be a privilege to be of service.

**SECRETARY- Susan S.** Kirby nominated. Rocky 2<sup>nd</sup>.

Clean Date 7-08-97. Actively go to meetings each week.

I have a Sponsor (use her) and I do sponsor. Practice the 12 steps & 12 traditions in my daily life to the best of my ability.

Positions held:

Group- Secretary-Treasurer (1yr)-Russell Nothing to Fear Group  
Alt. GSR (1yr)-Russell Nothing to Fear Group  
Alt. GSR (1 yr)-York Back to Basics Group

Merchandising co-chair (1 yr) - Run for Fun Annual Meeting

Chair (1yr) - Run for Fun Annual Meeting

Literature Chair (1 yr) - York Back to Basics Group

Secretary (1yr)

Area-- Secretary (1yr)-CKASC

Co-chair (1yr)-CKASC

Chair (1yr)-CKASC

Policy Chair- NEASC- (1 yr)

Vice Chair-NEASC- (1 yr)

Chair-NEASC- (1 yr)

-NBASC-(present)

Literature- NBASC-(2yr)

Treasurer- NEASC-(2yr)

- NBASC-(2yr)

Region-- H&I contact for Women (1 yr)

NRSC Chair (2yr)

NRSC Secretary-(present)

**TREASURER-Kevin C.** Shellie nominated. Kirby 2<sup>nd</sup>.

Hello to all of you who may be checking out my BIO. My name is Kevin Conover and I am an Addict. And I am volunteering to run for your RSC Treasurer. So here we go. I don't have dates since the only one in my program that is really important is my clean date and that is December 27, 1994. I have been a GSR for my home group a couple of times along with secretary and treasurer. I have worn most hats at the ASC level. IE Chair, Vice Chair, PI Chair, Merchandising Chair (when we still had merchandise) RCM and Alt. RCM twice. (actually one of the times I was an ASR and Alt. But we have changed since them days.) I have had the honor to Chair the NRCNA and be secondary signer for our Lit. checking account. All of these commitments I have seen thru to the end with a couple at the group level longer. I have enough knowledge of the Steps and Traditions to get me into trouble. Along with some knowledge of the 12 Concepts of Service and what I don't know I can make up along the way. I know how to balance a check book. And know it is wrong to write them when the money is not there. I guess in a nut shell I have the willingness to serve and will do the best job for you that I can and won't run off with your money. Besides RSC doesn't generate enough cash to even make me think about it. And to give up what NA has so freely given back to me, things like morals and values. PRICELESS. In Loving service (most of the time) Kevin Conover 402-560-7167, Patrick Conover@windstream.net

**H&I- Jerry W.** Brian S. nominated. Kirby 2<sup>nd</sup>.

Clean date 1/03/1991

GSR Sat. Nite Live (Linc) 1yr

TREAS. Sat. Nite Live (Linc.) 1yr

GSR Wednesday 169A (Linc.) 2yr

TREAS. Wednesday 169A (Linc.) 1yr

H&I Chair (Lincoln ASC) 2yr

Vice Chair Activities (LASC) 1 ½ yr

Did not complete 2nd term-conflict



Vice Chair SENANASC 1yr  
Chair SENANASC 1yr  
Vice Chair SENANASC 1yr  
Chair SENANASC 1yr  
Served on NRCNA?  
Served on various Policy Ad Hoc.  
H&I Chair SENANASC 2yr  
RCM SENANASC 2yr  
As of Jan. 11, 2009 Vice Chair Fremont ASC  
Also current Vice Chair NRCNA 26  
H&I Chair NRSC Current  
Have worked the 12 steps in my recovery. Have worked the 12 traditions and 12 concepts. Have a NA sponsor willing to serve. Love ya Jerry W.

**OUTREACH- Gary D.** Paul M. nominated. Rocky 2<sup>nd</sup>.

ARD for the Region  
RD for the Region  
Area Treasurer  
Area RCM & ARCM  
Convention Treasurer  
and all meeting positions

**PI- Dagwood** Burt nominated. Mary R. 2<sup>nd</sup>.

Clean Date 9/11/05  
Past service positions: chair Fri. Midnight for Easy Rider Group - 1yr  
chair- Tues. Night Serenity Seekers Group - 1yr  
Current positions: chair Tues. Noon Easy Rider Group  
chair H&I panel- 1 ½ yrs, chair H&I- Pierce Co. Jail- 1yr  
Go into boys and g roup home in Norfolk once a week on Fri. Night  
Current PI chair

**POLICY- John K.**

Clean Date: 3/3/02 I attend NA Meetings and have a home group. I have worked the 12 steps a number of times with different sponsors, including my current sponsor, and am currently working with sponsees. I have held a number of service positions; at group level: GSR (CWC), Alt. GSR(SOS) and Treasurer(SOS); at area: PI/Phoneline(NEASC) and Area Chair(EVANA); at region: PI Chair(NRSC). I believe I have a working knowledge of the 12 steps, traditions, and concepts of NA and apply the principles of the program to my daily life to the best of my ability. I thank you for this opportunity and look forward to serving the region to the best of my ability. In Loving Service John K

### **Old business:**

#### **-NRCNA XXVIII 2011 bids submitted**

- 1) ENNA hosting @ Lied Lodge, Nebraska City~ November 4, 5, & 6 (1)
- 2) NBASC hosting @ Quality Hotel, Hastings ~ October 7, 8, & 9 (2)
- 3) Area 12 hosting @ New World Inn, Columbus ~ Sept. 30, Oct. 1, & 2 (4)

**VOTED AND PASSED: AREA 12 received the bid. Congratulations!!!**

**Motion 2: For Region H&I to host two Learning Days yearly. To be budgeted in first and third quarters of Budget.**

**Intent:** To help area H&I subcommittees to train volunteers and committee members.

**Financial Impact:** (each) \$100.00 facility rent, \$15.00 copies/ H&I handbook

**Submitted By:** Jerry W., H&I Subcomm.

**Seconded By:** Gaylan S., FASC RCM

**VOTED AND PASSED** NBASC voted no, with all other areas voting yes

**Adhoc Committee appointed by Chair Ruth S.** – Mary R. chair, Kimberly, Burt, PonyBoy, Gary D, and Mark W. Purpose of committee—**“Bring back Guidelines for Convention to July NRSC to be submitted for vote”**. Brought back and asked to have as discussion topic continued at January. Gen. Assembly

**Open Floor:**

Brian S.- NRSC Archives are lost

Susan S.- No archives past 4 of 2005

Ponyboy- will donate archives from 2001 forward

Jerry W.- will donate from the 1990’s

Rick- will check his Area for Regional Minutes Archives

John- Suggest we request that it go back to the areas and gather archives

Mark- Discussed a motion for reducing the expenses to the Regional Secretary budget

**New Business:**

-Iran requesting a message of hope be sent to their convention by the Region and Areas.

-Brent L. appointed an Adhoc Committee for “Archive Collection of Regional Minutes”. Chair-Ponyboy, Tomcat, John, and Mark B. appointed to committee.

**Motion 1:** Host Region in January in Giltner.

**Intent:** Aurora Step Takers to host Souper Supper Speaker Jam.

**Financial Impact:** \$50.00 Region/ Aurora Step Takers to pay the other \$50.00

**Submitted by:** Paul M RCM NBASC

**Seconded by:** Kirby Z. RCM Great Plains

**VOTED AND PASSED**

**Motion 2:** Policy change: NRCNA Chairperson shall serve from election till all books are audited and turned into Region.

**Intent:** Correct conflict in Policy

**Financial Impact:** None

**Submitted by:** Susan S., Secretary

**Seconded by:** Gaylan RCM Fremont

**TAKE BACK TO GROUPS**

**Motion 3:** Pay Ponyboy \$20.16. Went over \$50.00 budget to make copies for all Areas for Ink & a memory stick for the Policy Chair to have Policy on disk.



**Intent:** To pay out of pocket expense  
**Financial Impact:** \$20.16  
**Submitted by:** Ponyboy Policy Chair  
**Seconded by:** Gaylan

**VOTED AND PASSED**

**Motion 6:** To change the RD/Alt RD budget this quarter to the January budget and October budget to January

**Intent:** To have funds available when need.

**Financial Impact:** None

**Submitted by:** Mary R.

**Seconded by:** Gaylan

**VOTED AND PASSED**

**Motion 7:** To develop a system where as Regional minutes are delivered via e-mail whenever possible.

**Intent:** To reduce printing and postage costs incurred by the Region

**Financial Impact:** Approx 50% of secretary's budget

**Submitted by:** Eastern

**Seconded by:** Area 12

**TAKE BACK TO GROUPS**

**Motion 8:** To create a subcommittee on the RSC for the webmaster chair (IT Subcommittee) known as Internet Technology Subcommittee.

**Intent:** to ensure that issues about the website are taken care of, accountability

**Financial Impact:** None

**Submitted by:** John K.

**Seconded by:** Mark W. EVANA

**TAKE BACK TO GROUPS**

Mary R. motioned to close. Kirby 2<sup>nd</sup>. Voted and passed. Closed in usual manner.

**Next NRSC meeting is January 9, 2010 @ Giltner Community Center at 4021 N. Commercial Ave., Giltner, NE**

**(((General Assembly @ 10:00am)))**

**Sub Committees @ 2pm**

**Region Business @ 3pm**

**Souper Supper & Speaker Jam to follow**

**Attachments:**

**Treasure's Report**

**Regional Mailing List**